LIFELONG LEARNING


Register Today
Lifelong Learning
Non-Credit Courses
712-274-6400

Featured
Boone & Scenic Valley
Railroad Trip
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Look Inside
Wellness Offerings, Classes,
Trip Opportunities, Concerts,
& More!
CALL FOR EMAILS!

Do you have an email address? Share it with us!

Go to www.witcc.edu/lifelong_learning and enter your email address. We won’t share your information with anyone else. But we will use it to contact you about changes in schedule, classes coming up, and reminders about classes you signed up for with us. Help us move into the digital age and save some paper while we are at it!
LOVE TO LEARN

Welcome to the Fall 2019 edition of the Lifelong Learning catalog. Lifelong Learning will once again be hitting the road for some fun trips! In September a full tour will be going to New York City for lots of adventure. Another traveling opportunity will be venturing to Boone, Iowa, to enjoy the picturesque views on the Boone and Scenic Valley Railroad. This is such a fun time and a great opportunity to see a beautiful part of our country that isn’t too far away. There is, of course, another chance to share in the adventure of a Mystery Trip in October. Lifelong Learning will also be enjoying a trip to Opera Omaha to enjoy “Madame Butterfly.”

In the spring we will venture to Omaha again to see the Broadway success, “The Lion King.”

There are numerous great history courses offered this semester. Russ Gifford will be diving deep into the Central Intelligence Agency, and he will also explore Westward Expansion.

I am very excited about the return of a treasured class, World Cuisines and Cultures, at a new venue: the Oscar Carl Winery. You will fall in love with the views and the class!

Thanks so much for loving to learn! I can’t wait to share a great fall with you all.

Mara Hall
Coordinator, Institute for Lifelong Learning
712.274.8733 x1864
mara.hall@witcc.edu

WHO BELONGS TO LIFELONG LEARNING?

Most of our members are people of retirement age and Baby Boomers. Our programs are geared to their interests and needs but we certainly don’t exclude participation by younger people.

MEMBERSHIP FEE

Our annual Lifelong Learning membership fee of $10 enables us to produce and mail brochures like this one and to offer plenty of free events. The membership period runs from July 1 through June 30.

Course #CPDV-2200-01

To Register by Mail:

Send your name, address, and phone number with course name and course number to Registration, Western Iowa Tech Community College, P.O. Box 5199, Sioux City, Iowa 51102-5199.

To Register by Phone:

Call (712) 274.6404 or (800) 352.4649.

Make sure your information is always current in case we need to contact you.

To Register in Person:

During daytime hours, you can register for classes, including Lifelong Learning membership, at the Registration Office, Kiser Building. Lifelong Learning instructors are not authorized to handle registrations or collect fees.

Call For Volunteers:

Interested in volunteering? WITCC has many opportunities available! Check out the listing of open volunteering positions at www.witcc.edu/volunteer or contact our friendly Volunteer Coordinator Aimee Hoff at 712.274.8733 x1252.
As you think about local organizations you’d like to support with a charitable gift, please consider the **Institute for Lifelong Learning**. The Institute was created over 20 years ago to serve the community with affordable programs that inform, educate and entertain. Since then, the number of programs has risen exponentially. We offer many special events at low cost or no cost.

Your tax-deductible gift will help us stay strong and continue to offer a valued service to the community. Gifts may be sent to: The Institute for Lifelong Learning, Western Iowa Tech Community College, 4647 Stone Ave., Sioux City, IA 51106.

Our grateful thanks to the following donors who have made recent donations:

- Anonymous
- MaryAnne Deibert
- Dr. Robert E. and Jan Dunker
- Dr. Susan Hatfield
- Vibeke Jensen
- Linda Kastning
- Palmer’s Candy Company
LIFELONG LEARNING
PARTICIPATION AND POLICIES

Lifelong Learning Participation
Our programs are geared toward people who are 50 and over. Many of our participants are retired; many are Baby Boomers who are still in full-time employment. However, we welcome people of all ages to participate. You are never too young or too old to learn!

Lifelong Learning Membership
The annual membership fee for Lifelong Learning is $10 per school year (July 1 through June 30, 2020). Membership is a requirement for many classes. Members receive special mailings. Occasionally, they may receive free tickets to special events.

Registration
Registration is a requirement for participation in most Lifelong Learning classes. You can register by phone, in person or by mail on or before the first session of the class.
You can register for classes, including Lifelong Learning membership, at the Registration Office in the Dr. Robert H. Kiser Building.
When registering, please give your name, address, and day and evening phone number. If you are registering more than one person, please provide this information for each person.
We do not mail out written confirmation of your registration. If you need information or want to check any details about your class, call Registration at 712.274.6404.

Payment
Payment is required in full on or before the first time the class meets. You can send in your check with your registration or you can pay in person at the Business Office in the Dr. Robert H. Kiser Building during normal hours. You can also pay by credit card.

Waiting Lists
A lot of our tours and smaller classes fill up quickly. If you find that one of your selections is full, we encourage you to put your name on the waiting list. To check your status after you have been wait listed, please call Registration at 712.274.6404.

Cancellation Policy for Classes
Remember to cancel your registration if you can’t attend. You will be charged for any class which has a fee that you register but don’t attend.
Cancellations must be directed to WITCC Registration no less than two business days before the start of the class (712.274.6404 or 800.352.4649, x6404).

Cancellation Policy for One-Day Tours
Full payment must be made no later than seven days prior to the day of the tour or your reservation will be canceled. There will be no refunds for no-shows or cancellations made less than two business days before the tour. Cancellations must be directed to WITCC Registration, 712.274.6404 or 800.352.4649, x6404.

Special conditions apply to tours longer than one day and theatre/opera trips.

CANCELED CLASSES DUE TO LOW ENROLLMENT
Lifelong Learning classes are almost never canceled due to low enrollment. If this should happen, we will do everything possible to notify you in advance, and we will send you a full refund by mail.

CANCELED CLASSES DUE TO WEATHER, ILLNESS AND OTHER CAUSES
If the college closes due to bad weather, announcements will be made on the media and on the college answering machine. It is rare for all classes to be canceled. If you are in doubt about whether classes will take place because of weather conditions, be sure to call WITCC’s main number: 712.274.6400.

Sometimes a class is canceled at short notice due to unforeseen circumstances concerning the instructor (an accident, a bereavement, illness, localized weather conditions). In these cases, we do all we can to inform registered students in a timely fashion. This is why it’s important for us to have your telephone number(s). Sometimes, it isn’t possible to reach you in time. In these circumstances, we will work with you to find a satisfactory resolution.
YOGA FOR SENIORS

Join your instructor, Angela Benson, E-RYT200, for this great class geared toward seniors interested in learning beginning yoga. Yoga is known for improving cardiovascular health, mental focus, balance, strength, flexibility, circulation, and digestion all while decreasing stress! Enjoy the benefits of relaxation, conscious breathing, and gentle chair-assisted movement and stretching in this class.

THURSDAYS; 9:45 TO 10:45 A.M.

Location: Dr. Robert E. Dunker Student Center, Room W203
Fee: $20 / Max: 25
Lifelong Learning membership required

PILATES

This pilates mat class will work to balance strength and flexibility with an emphasis on challenging the core muscles. The instructor, Amanda Vande Zande, will present the exercises at multiple levels allowing students to choose to work at a beginning, intermediate, or advanced pace. Students learn to be aware of breathing patterns and spinal alignment while engaging the deep muscles of the core. Various props are incorporated to enhance and intensify the workout. No previous pilates experience is necessary to join a mat class. Pilates is a challenging and safe method to sculpt your body and to feel increased agility in your everyday movements.

MONDAYS; 9 TO 10 A.M.

Location: Dr. Robert E. Dunker Student Center, Room W203
Fee: $30 / Max: 25
Lifelong Learning membership required

SESSION A: September 16, 23, 30, October 7, (no class Oct. 14) October 21
Course #20/FY-CPDV-3010-01

SESSION B: October 28, November 4, (no class Nov. 11) 18, 25, December 2
Course #20/FY-CPDV-3010-02

SESSION C: January 27, February 3, 10, (no class Feb. 17) 24, March 2
Course #20/FY-CPDV-3010-03

SESSION A: August 8, 15, 22, 29, September 5, 12
Course #20/FY-CPDV-2792-01

SESSION B: September 19, 26, October 3, 10, (no class Oct. 17) 24, 31
Course #20/FY-CPDV-2792-02

SESSION C: November 7, 14, 21, (no class Nov. 28) December 5, 12, 19
Course #20/FY-CPDV-2792-03

SESSION D: January 23, 30, February 6, 13, 20, 27
Course #20/FY-CPDV-2792-04

IMPORTANT NOTE:

Please be sure to bring along a yoga mat and an extra pair of soft-soled shoes such as running shoes or dance shoes to wear in this class, in order to protect the floor of the studio.

These classes will be held in the Gymnasium in the Dr. Robert E. Dunker Student Center. In order to gain access to this room, you will need a WITCC ID. Please bring a change of shoes with you, preferably athletic shoes/sneakers. You can obtain your ID free of charge from Enrollment Services, Kiser Building, Entrance 1. Please allow time for your registration in the class as well as for your ID to be processed. For more information about policies regarding the Student Center, see page 5.
STRETCH AND FLEX

Have fun working out in a healthy way. The program includes stretching and weightlifting to strengthen muscles and improve cardiovascular health. This class is one of the most popular, so be sure to sign up early to avoid disappointment!

Please note WITCC ID required (see box below).

TUESDAYS AND THURSDAYS; 9:30 TO 10:30 A.M.

Location: Dr. Robert E. Dunker Student Center, Gymnasium and Aerobics Room W203
Fee: $10 per series
Max: 95
Lifelong Learning membership required

SEASON B: 9 Sessions
August 1, 6, 8, 13, 15, 20, 22, 27, 29
Course #20/FY-CPDV-2244-02

SEASON C: 8 Sessions
September 3, 5, 10, 12, 17, 19, 24, 26
Course #20/FY-CPDV-2244-03

SEASON D: 9 Sessions
October 1, 3, 8, 10, 15, (no class Oct. 17) 22, 24, 29, 31
Course #20/FY-CPDV-2244-04

SEASON E: 7 Sessions
November 5, 7, 12, 14, 19, 21, 26
Course #20/FY-CPDV-2244-05

SEASON F: 6 Sessions
December 3, 5, 10, 12, 17, 19
Course #20/FY-CPDV-2244-06

SEASON G: 9 Sessions
January 2, 7, 9, 14, 16, 21, 23, 28, 30
Course #20/FY-CPDV-2244-07

SEASON H: 8 Sessions
February 4, 6, 11, 13, 18, 20, 27
Course #20/FY-CPDV-2244-08

SEASON I: 8 Sessions
March 3, 5, (no class March 10) 12, 17, 19, 24, 26, 31
Course #20/FY-CPDV-2244-09

IMPORTANT NOTE: These classes will be held in the Gymnasium in the Dr. Robert E. Dunker Student Center. In order to gain access to this room, you will need a WITCC ID. Please bring a change of shoes with you, preferably athletic shoes/sneakers. You can obtain your ID free of charge from Enrollment Services, Kiser Building, Entrance 1. Please allow time for your registration in the class as well as for your ID to be processed. For more information about policies regarding the Student Center, see page 5.
STRONG BY ZUMBA®

Stop counting the reps. Start training to the beat. STRONG by Zumba® combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every move.

Desiree David will be your certified STRONG by Zumba instructor. She will be able to adapt the workout to all fitness levels, so that nearly everyone can take the class, be successful and progress.

Please note WITCC ID required (see box below).

**MONDAYS; 11 A.M. TO NOON**

**Location:** Dr. Robert E. Dunker Student Center, Room W203  
**Fee:** $25 / **Max:** 25 / **Min:** 8  
Lifelong Learning membership required

**SESSION A:** September 16, 23, 30, October 7, 14, 21  
Course #20/FY-CPDV-2803-01

**SESSION B:** October 28, November 4, 11, 18, 25, December 2  
Course #20/FY-CPDV-2803-02

**SESSION C:** January 20, 27, February 3, 10, 17, 24  
Course #20/FY-CPDV-2803-03

**IMPORTANT NOTE:** These classes will be held in the Gymnasium in the Dr. Robert E. Dunker Student Center. In order to gain access to this room, you will need a WITCC ID. Please bring a change of shoes with you, preferably athletic shoes/sneakers. You can obtain your ID free of charge from Enrollment Services, Kiser Building, Entrance 1. Please allow time for your registration in the class as well as for your ID to be processed. For more information about policies regarding the Student Center, see page 5.
YMCA WELLNESS OFFERINGS

We are proud to offer a range of classes that partner the Institute for Lifelong Learning with the Norm Waitt Sr. YMCA. These classes have been created exclusively for members of The Institute for Lifelong Learning. Participants do not need to be a member of the Norm Waitt Sr. YMCA to participate. Some classes will be held at WITCC; others will be at the Y, which is located at 601 Riverview Drive, South Sioux City, Nebraska.

Participants in Lifelong Learning classes involving equipment need to be able to move independently.

Senior Strength Circuit

This class is designed specifically for individuals 65+ years of age to help improve energy, strength, balance, and stamina. Increasing all these factors helps people keep their independence, perform their daily activities, and reduce their risk of injuries (from falls). The Senior Strength Circuit will work on balance and strengthening all major muscle groups in a fun and supportive setting. Emphasis will be placed on proper weight-lifting posture. Class sizes are small so everyone receives feedback from the instructor. WITCC ID required.

MONDAYS AND WEDNESDAYS; 10 TO 11 A.M.

Location: Dr. Robert E. Dunker Student Center, Room W203
Fee: $32 / Max: 10
Lifelong Learning membership required

SESSION A: September 9, 11, 16, 18, 23, 25, 30, October 2
Course #20/FY-CPDV-2622-01

SESSION B: October 7, 9, 14, (no class Oct. 16) 21, 23, 28, 30, November 4
Course #20/FY-CPDV-2622-02

SESSION C: November 11, 13, 18, 20, 25, 27, December 2, 4
Course #20/FY-CPDV-2622-03

SESSION D: February 10, 12, 17, 19, 24, 26, March 2, 4
Course #20/FY-CPDV-2622-04

Steady Your Stride – Balance Class

Many falls can be prevented. Exercise is one of the best ways to improve balance and lower your chances of falling. Among older adults, about one out of ten falls result in a serious injury that require hospitalization. This class will work on improving balance to reduce fall-related risks and promote healthier, independent lifestyles.

WEDNESDAYS; 9 TO 10 A.M.

Location: Dr. Robert E. Dunker Student Center, Room W206
Fee: $16 / Max: 10 / Min: 6
Lifelong Learning membership required

SESSION A: September 11, 18, 25, October 2
Course #20/FY-CPDV-2770-01

SESSION B: October 9, (no class Oct. 16) 23, 30, November 6
Course #20/FY-CPDV-2770-02

SESSION C: November 13, 20, 27, December 4
Course #20/FY-CPDV-2770-03

SESSION D: February 12, 19, 26, March 4
Course #20/FY-CPDV-2770-04

WEATHER ALERT INFORMATION: The college and Y only close under extreme conditions. Otherwise classes proceed according to schedule. If you have concerns about whether classes are being held, call 402.404.8439 for classes at the Y and 712.274.6400 for classes at WITCC.
SENIOR LIVING OPTIONS

Are you tired of shoveling snow, mowing grass, pulling weeds, hauling out the trash, or not seeing someone for days except on the television? There is a better way to live in Siouxland, to have fun, and enjoy life. This series will help you identify when the time is right to consider a different living environment, how to mentally prepare, how to identify what it is you want and need, and how to take steps to prepare for an active, eventful future.

WEDNESDAYS, SEPTEMBER 25, OCTOBER 2, 9; NOON TO 1 P.M.

Location: Advanced Sciences Building, Room L110, Entrance 14, Parking Lot 4
Fee: No charge  /  Max: 25  /  Min: 6
Lifelong Learning membership required
Course #20/FY-CPDV-3005-01

Session One: Senior Living Options

In this session, we will explore some of the different living options available in Siouxland such as independent options with no in-house services, assisted living options, and the options in-between. There will be presentations about owner-equity facilities, fee-based living facilities, and a basic overview of financial considerations.

Wednesday, September 25

Session Two: Getting Mentally Prepared

Four years ago, fellow Lifelong Learner Jim Anderson and his wife left the house they had made a home for 35 years. Jim grew up on this farm, and it was there they raised their five children, maintained an attractive landscape with many trees, and had numerous gardens. Jim will recount their experience and that of several others to help us walk through the process of how they started this new chapter in their life.

Wednesday, October 2

Session Three: Simplifying Our Lives

Together we will take a closer look at the details of moving. “Where do I even start?” is a typical first question. This session will identify the steps that will help you create a stress-free process for your move. Speaker Cathy Frost will share her personal experience of moving to senior living three years ago. She will also speak about specific tools and techniques to support you through the entire process from the initial decisions to the actual move-in day.

Wednesday, October 9
As we age, it is wise to accept the possibility that a hospitalization will be “when” and not “if.” Preplanning can make a difference in the length and success of your recovery. Whether you are the patient or the caregiver, planning ahead can make a difference. Thinking through your personal needs and supports ahead can improve communicating your wants and needs with the medical personnel.

Connections Area Agency on Aging staff will bring options to consider as you prepare for a hospitalization. Can you rehab at home or would a skilled nursing facility be best? What assistance will you need when you return home? Will you need services as you recuperate? What impact do chronic medical conditions have on your preparation needs.

Join us for a lively interactive discussion and plenty of handouts!

**WEDNESDAY, OCTOBER 2; 10:30 A.M. TO NOON**

**Location:** Dr. Robert H. Kiser Building, Room A113 ACE, Entrance 1

**Fee:** No charge / **Max:** 40

Lifelong Learning membership not required

Course #20/FY-CPDV-2797-01

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You’ve always said you wouldn’t be caught dead in that outfit! Now is the time to tell your family. It’s time to talk about the elephant in the room, “your final wishes.”

- Did you know there are over 75 different items for your loved ones to decide on in one day after you are gone?
- Did you know that by pre-planning and pre-paying for your services you can protect your final expenses from rising with the cost of inflation?
- Did you know that most people outlive their money, but a pre-need policy is a protected asset?
- Did you know you can set up a payment plan for your services if you do so in advance? You can begin your planning with as little as the first payment in your payment plan.

More and more people are choosing to pre-plan and pay for their final services in advance of need to protect their family from the financial and emotional upheaval sudden death inevitably brings. The most wonderful gift you can give your family is to have your final arrangements done in advance.

Liz Jones, from Christy-Smith Funeral Homes, will be joining us in the Aging Well Series to talk about what you can do to protect both your loved ones and your assets.

**WEDNESDAY, OCTOBER 30; 10:30 A.M. TO NOON**

**Location:** Dr. Robert H. Kiser Building, Room A113 ACE, Entrance 1

**Fee:** No charge / **Max:** 40

Lifelong Learning membership not required

Course #20/FY-CPDV-2797-02
Identity theft is the fastest growing crime in America and can happen to anyone. But you can take steps to reduce your chances of having your identity stolen and better protect yourself in the future. Through this class, you will learn tips to keep your information secure as well as what to do if you find that your information has been stolen. Topics discussed will include:

• What is identity theft?
• How to prevent identity theft
• What to do if you are a victim of identity theft
• Helpful resources

**TUESDAY, OCTOBER 1; 10:30 A.M. TO NOON**

**Location:** Advanced Sciences Bldg., Room, L304, Entrance 4, Parking Lot 1 or 2

**Fee:** No charge / **Max:** 50 Lifelong

Learning membership not required

Course #20/FY-CPDV-2903-01

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**SMOOTH SAILING THROUGH MEDICARE**

**For New Beneficiaries**

Medicare is a complex system that can quickly swamp its beneficiaries. Chris Kuchta, a Senior Health Insurance Information Program (SHIIP) coordinator, will give a lively overview of Medicare and many of its options to help clear those murky water of its alphabet soup (Parts A, B, C, D), supplements, advantage plans and other riptides such as the prescription drug donut hole that can pull you under!

See how you or your loved one may lower the boom on Medicare costs by making annual drug plan comparisons, applying for federal and/or state benefits, or utilizing pharmaceutical assistance programs. Steer clear of the wounds caused by healthcare fraud and identity-theft pirates. This is a cruise you’ll be delighted to take!

**TUESDAY, SEPTEMBER 24; 6 TO 8:30 P.M.**

(Must be registered by September 17)

**Location:** Siouxland Center for Active Generations, 313 Cook St.

**Fee:** No charge / **Max:** 80

Lifelong Learning membership not required

Course #20/FY-CPDV-2626-01

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**TUESDAY, NOVEMBER 12; 6 TO 8:30 P.M.**

(Must be registered by November 5)

**Location:** Cargill Auditorium, Entrance 14

**Fee:** No charge / **Max:** 150

Lifelong Learning membership not required

Course #20/FY-CPDV-2626-02
BEGINNER KNITTING

Join your instructor, Crystal Huls, for this new course where you will learn to cast on, bind off, knit stitch, garter stitch, and purl stitch. You will also learn to gauge swatch for your project and how to size yarn to needles. We will shop for yarn and materials for the project. We will be discussing tools for knitting, basic pattern reading, and choosing a project.

TUESDAYS AND THURSDAYS, SEPTEMBER 12, 17, 19, 24, 26, OCTOBER 1, 3, 10, 15; 11 A.M. TO 12:30 P.M.

Location: Dr. Robert H. Kiser Building, Room A113, ACE-B, Entrance 1
Fee: $35 (does NOT include cost of materials for class)
Max: 10  /  Min: 6
Lifelong Learning membership required
Course #20/FY-CPDV-2905-02

CROCHET IN THE ROUND

Join your instructor and dedicated crochet enthusiast, Crystal Huls, for this new course! In this class you will learn how to work a project in the round and increase to shape your project. The class will focus on basket making using the single crochet stitch. The skills learned can be used for hat making and many other “in the round” projects! This will be a fun course for beginner crochet and advanced crochet students.

TUESDAYS AND THURSDAYS, SEPTEMBER 12, 17, 19, 24, 26, OCTOBER 1, 3, 8, 10, 15; 1 P.M. TO 2:30 P.M.

Location: Dr. Robert H. Kiser Building, Room A113, ACE-B, Entrance 1
Fee: $35 (does NOT include cost of materials for class)
Max: 10  /  Min: 6
Lifelong Learning membership required
Course #20/FY-CPDV-2905-01

Crystal has been crocheting for 25 years and has knitted for over 6 years. “I am very excited to have the opportunity to share something that I love so very much with all of you!”
HAWAII – THE FOUR ISLAND TOUR

Join us as we fly to the Hawaiian Islands and land at the Honolulu International Airport on the island of Oahu. After staying overnight and exploring the beautiful beaches of Waikiki, we will board a cruise ship that will take us to three additional islands, Kauai, Hawaii (The Big Island), and Maui. We will take boat rides up rivers through tropical rainforest, see towering waterfalls, explore lava tubes, hike over lava beds to see flowing lava, visit Volcanoes National Park, hike through a tropical cloud forest, visit a coffee plantation, go whale watching, and many more adventures. On our return to Honolulu, we will spend our last day touring Pearl Harbor and the battleship USS Missouri. Dan Whitlock will present photos and narration of the spectacular scenery, along with information about many of the locations visited will provide a glimpse of just a small portion of the many interesting and beautiful islands that make up the islands of the state of Hawaii.

TUESDAYS/THURSDAYS, OCTOBER 8, 10, 15; 1:30 TO 3 P.M.

Location: Advanced Sciences Bldg., Room L304, Entrance 4, Parking Lot 1 or 2
Fee: $10  /  Max: 40  /  Min: 6
Lifelong Learning membership required
Course #20/FY-CPDV-2747-01

Session 1: Travel with Dan to parts of the city of Honolulu, on the island of Oahu, and beaches in that area, the cruise ship excursions, and some of the sites of the islands of Kauai.
Tuesday, October 8, 1:30 to 3 P.M.

Session 2: Travel with Dan to some of the sites on the big island of Hawaii and the island of Maui.
Thursday, October 10, 1:30 to 3 P.M.

Session 3: Travel with Dan on the final day back on the island of Oahu where he will highlight some of the sites, Pearl Harbor, the U.S.S. Arizona Memorial, and the battleship U.S.S. Missouri.
Tuesday, October 15, 1:30 to 3 P.M.
EGYPTOLOGY

The civilization of ancient Egypt, which lasted from 3,000 B.C. to 332 B.C., when it was conquered by Alexander the Great, continues to enthral us. Egyptologist Mary Vaught will explore this fascinating world in images and words.

Butcher, Baker and Oil Lamp Maker

This class will look at the different jobs, professions, and industries of ancient Egypt. From the basic necessities to the legal and political aspects of life in Ancient Egypt, jobs were as varied then as they are now. We will look at the different jobs and positions that people occupied in this ancient society.

THURSDAY, OCTOBER 10; 7 TO 8:30 P.M.

Location: Advanced Sciences Building, Room L212
Fee: $6 Max: 30
Lifelong Learning membership required
Course #20/FY-CPDV-2359-01

Medicine in Ancient Egypt

Ancient Egypt is one of the earliest civilizations from which we have written medical documents. These documents, along with carvings, paintings and archaeological remains, show the large, varied medical tradition that was practiced in Egypt. From general to specialized medicine, excellent health care, and the creation of medical institutions, Egypt has a fascinating history of medicine.

THURSDAY, OCTOBER 24; 7 TO 8:30 P.M.

Location: Advanced Sciences Building, Room L212
Fee: $6 Max: 30
Lifelong Learning membership required
Course #20/FY-CPDV-2359-02
A MAGICAL MYSTERY TOUR

An Adventure in Learning and Fun

Join the ever-popular mystery tour. October is part of the beautiful autumn season, and the tour is the perfect reason to escape for a day of surprises, learning and fun. Lifelong Learners with an adventurous spirit will head to a “very secret spot” for good food, fun, and, of course, new learning experiences. Turn to your inquisitive side, and leave the driving to us! The Magical Mystery Tour is ready to take you away on an adventure for the day.

FRIDAY, OCTOBER 4, 2019; 9 A.M. TO 6 P.M.

Location: Bus departs from the north end of Parking Lot 2B, WITCC Campus. The Bus will be available for boarding at 8:45 A.M.

Fee: $85, includes transportation, lunch and admissions

Max: 42 / Min: 24

Lifelong Learning membership required

Course #20/FY-CPDV-2834-01
Waiver #20/FY-CPDV-2834-02

*Please note there will be moderate walking.

Wear comfortable shoes.

Early registration is strongly recommended. Lifelong Learning membership is required. Full payment is due on the booking. For an additional $20, you may purchase the cancellation waiver, which provides a refund of the trip price at any time for any reason. We regret that there can be no refunds unless you have purchased this waiver. The waiver is nonrefundable and must be purchased at initial registration.
GROW THROUGH LIFE GARDENING SERIES

Fall Planting for a Better Spring Garden

Learn what can be planted in the fall to get the growing season off to a great start next spring. Laurie Taylor, Iowa Master Gardener, will discuss what needs to be done to care for plants, trees, shrubs, and bulbs to give them the best chance for survival over the winter.

**TUESDAY, SEPTEMBER 24; 10:30 A.M. TO NOON**

**Location:** Advanced Sciences Bldg., Room L304, Entrance 4, Parking Lot 1 or 2

**Fee:** No charge / **Max:** 50

Lifelong Learning membership required

Course #20/FY-CPDV-2825-01

BEGINNING BRIDGE

Lifelong Learning is excited to offer another course in Beginning Bridge. Carol Rogers will be your instructor. She taught grade school for 21 years and has been playing bridge for over 50 years! Place your bids and get ready for fun!

**TUESDAYS, SEPTEMBER 24, OCTOBER 1, 8, 15, 22; 1 TO 3 P.M.**

**Location:** Cafeteria Annex, Entrance 14 or 15

**Fee:** $8 / **Max:** 8 / **Min:** 4

Lifelong Learning membership required

Course #20/FY-CPDV-2823-01

Exercise your mind and your legs during weekly card parties. Cards are played from 1 to 3 p.m. on Tuesdays and Thursdays in the seating area of the Overlook Café.

Graduates of Carol Rogers’ Beginning Bridge can get together for practice. At other tables, groups gather to play the card games such as 500 and cribbage. Newcomers are welcome to learn how to play from our friendly group.

Cards are played generally on Tuesdays and Wednesdays, except when the campus is closed, holidays interfere, and inclement weather. There is no charge to participate.

After playing cards, participants can choose to get some exercise with a group walk around WITCC. We will meander the hallways in the winter time and walk the campus when the weather is nice.

*Tom Schoening,*
*Lifelong Learner*
“ALL ABOARD” THE BOONE & SCENIC VALLEY RAILROAD AND JAMES ANDREW MUSEUM & HISTORY CENTER

A leisurely bus ride, the beautiful colors of autumn in Iowa, and the nostalgic joy of a train ride, what more might a Lifelong Learner want to experience? “All aboard” the Boone and Scenic Valley Railroad; enjoy a wonderful, relaxing ride and catered lunch on the train.

The Boone and Scenic Valley Railroad (marked BSVY) is a heritage railroad that operates the freight and excursions through the spectacular Boone County valley.

The excursion railroad began in 1983 by a group of volunteers wanting to preserve the scenic route of the former Fort Dodge, Des Moines and Southern Railroad (FDDMC). The original track was built in the 1890s and electrified in 1907. After flooding damage in 1954, the railroad turned to diesel equipment for its trains. In 1983, the Scenic Boone Railroad Historic Society (2,255 charter members) purchased a section of the line for $50,000. The section of track winds through the Des Moines River Valley and across a 156-foot-tall bridge spanning Bass Point Creek. The line runs from Boone, through the old coal mining town of Fraser, and ends at the site of the former junction with the Minneapolis and St. Louis Railroad at Wolf, Iowa. This round-trip takes about 2 hours and 35 minutes. Above all, don’t forget your cameras!

We will also visit the James H. Andrew Museum and History Center and Gift Shop before heading back home.

TUESDAY, OCTOBER 15; 8 A.M. TO 7 P.M.

Location: Park in Parking Lot 2B. The bus will arrive at 7:45 a.m. for boarding.

Fee: $99 (includes ticket, meal, and transport)
Max: 53 / Min: 24
Lifelong Learning membership required
Course #20/FY-CPDV-3006-01
Waiver #20/FY-CPDV-3006-02

*Early registration is strongly recommended. Full payment is due on booking. For an additional fee of $25, you may purchase the cancellation waiver which provides a refund of the trip price at any time for any reason. We regret that there can be no refunds unless you have purchased the waiver. The waiver must be purchased at the time of the ticket purchase.
THE SIOUX CITY PUBLIC MUSEUM PRESENTS

Artist Frank Howell

At long last, Sioux City's world-famous Native American artist is coming “home” to an exciting new exhibition at the Sioux City Public Museum. Museum staff will lead this tour.

Frank Howell (1937-1997) was one of the cornerstone artists of the Southwest Native Art movement in the Santa Fe Taos area. His work is known for his finely rendered, etching-like portraits of Native Americans and their symbolic artifacts. His goal was to show the dignity of his subjects and to create a fusion of the physical and spiritual worlds—what he called “The Continuum of Life.”

Howell was born in Sioux City and raised in a home overlooking the Missouri River. He attended Woodrow Wilson Junior High School and graduated from East High School. While at East, his art teacher/mentor was noted artist, Jim Goff. A life-long friend, Howell thought Goff was one of the great influences on his life and art. Howell studied art and writing at UNI and taught in the Waterloo area in the late 60s, moving to Colorado, then Taos, and finally to Santa Fe where he opened a spectacular gallery on the Plaza.

Howell felt a strong connection to his Lakota Sioux heritage. According to the artist, “Painting is a wonderful kind of mirror that reflects the inner you.” Whether he painted a Native American profile or landscape, his interpretations employed a “visual representation of the wind sweeping across time.”

In addition to painting in watercolors, oils, or acrylics, Howell was a skilled photographer and master lithographer, working in monotypes and lithographs. Finally, he also created many important sculptures.

Don't miss this chance for a tour and discussion of Howell's superb works. A catered luncheon at the Museum will follow the program. Lifelong Learners are encouraged to visit other exhibits at the Museum on their own.

FRIDAY, OCTOBER 25; 10:30 A.M. TO 1 P.M.

Location: Sioux City Public Museum, 607 4th St.
Fee: $15 (includes lunch) / Max: 30 / Min:15
Lifelong Learning membership required
Course #20/FY-CPDV-2888-01
NEW YORK CITY
FALL 2019 BROADWAY TOUR:
THE BEST OF NEW YORK
AND BROADWAY

MONDAY–FRIDAY; SEPTEMBER 16–20, 2019
Min: 24 / Max: 42

The trip includes the following:
• Round-trip airfare from Omaha Airport
• Transportation to and from the Omaha Airport
• 4 night's lodging
• 4 breakfasts
• 4 dinners
• Tickets to three Broadway shows
• A New York City tour
• Ground transfers to and from New York Airport
A TRIP TO OPERA OMAHA

Madame Butterfly

As the 2019-2020 season opens, Lifelong Learners head south for the twelfth trip to see an opera in Omaha. The season’s opening production is “Madam Butterfly.” This Italian opera, with its familiar music and tragic love story, was written by Giancomo Puccini, with libretto by Luigi Illica and Giuseppe Gianrosa. Puccini was inspired to write this opera in 1904 after attending the London performance of a one-act play, “Madam Butterfly: A Tragedy of Japan,” based on a John Luther Long short story. Nearly one hundred years later, a similar story appears on Broadway in the 1990 Tony award-winning “Miss Saigon.”

Conductor Joseph Rescigno leads an all-star cast including soprano Karah Son as Cio-Cio-San (Butterfly) and tenor Alok Kumas as the dashing American naval officer Pinkerton. The innocent fifteen-year-old Japanese girl is swept away with love for Pinkerton who is marrying her for convenience. He intends to leave her once he finds a proper American wife. Three years later, Cio-Cio-San, with her son, still waits for her lover to return. Pinkerton, now with his American wife Kate, returns to take his son. Kate has agreed to raise this child. He admits he is a coward and cannot face Butterfly. Instead he sends Kate to tell her the truth. The opera’s final scene is one of the most dramatic conclusions in the opera repertoire.

Renowned artist Jun Keneko’s stunning production of Puccini’s romantic masterpiece comes to Omaha after gracing many of the world’s most famous opera houses.

We will leave WITCC at 9 A.M. and travel by motor coach to Omaha. A delicious lunch in Omaha is included in the fee. The performance begins at 2 P.M. We will be back in Sioux City by 7 P.M.

SUNDAY, NOVEMBER 3; 9 A.M. TO 7 P.M.

Location: Park in Parking Lot 2B. The bus will arrive at 8:45 a.m. for boarding.
Fee: $115 (includes ticket, meal, and transport)
Max: 53 Min: 24
Lifelong Learning membership required
Course #20/FY-CPDV-2737-01
Waiver #20/FY-CPDV-2737-02

*Early registration is strongly recommended. Full payment is due on booking. For an additional fee of $25, you may purchase the cancellation waiver which provides a refund of the trip price at any time for any reason. We regret that there can be no refunds unless you have purchased the waiver. The waiver must be purchased at the time of the ticket purchase.
OMAHA THEATRE TRIP
Tony Winner—The Lion King

Lifelong Learners head to Omaha for a memorable Sunday to see an Orpheum Theatre Broadway series hit, the Disney Theatrical Production's “The Lion King.” The musical is based on the Disney animated film of the same name, with music by Elton John and lyrics by Tim Rice. Directed by Julie Taymor, who also created the masks, animal costumes, puppets and choreography, the musical was an instant success since its official New York premier on November 13, 1997. “The Lion King” has been seen world-wide by over 150 million people, has become the highest grossing show of all-time at $1.8 billion dollars, and is currently the second longest-running show in Broadway history. In 1998, this masterpiece won seven Tony’s, including “Best Musical.”

“The Lion King” is the story of a young lion prince living in the African Pride Lands. Born into the royal family, Simba adores his kingly father, Mufasa, but he shirks his responsibility as a prince. An unthinkable tragedy occurs. Scar, the evil, jealous uncle kills Mufasa. Prince Simba ignores his responsibility and flees the Pride Lands. Eventually Simba returns to fulfill his destiny as the future king. “The Lion King” is a beautiful story of love and redemption that no one should miss. Combine all of this brilliance with Sir Elton’s “Circle of Life,” “I’ve Just Got To Be King,” and “Can You Feel the Love Tonight,” the African animals, puppets, Scar’s hyenas and the dancing plants, you know why it is still running. This is Broadway magic at its finest.

SUNDAY, APRIL 19, 2020; 9 A.M. TO 7 P.M.

**Location:** Park in Parking Lot 2B. The bus will arrive at 8:30 a.m. for boarding.
**Fee:** $135 (includes ticket, meal, and transport)
**Max:** 53 / **Min:** 24
Lifelong Learning membership required
**Course #20/FY-CPDV-2774-01**
**Waiver #20/FY-CPDV-2774-02**

Early registration is strongly recommended. Full payment is due on booking. For an additional fee of $25, you may purchase the cancellation waiver which provides a refund of the trip price at any time for any reason. We regret that there can be no refunds unless you have purchased the waiver. The waiver must be purchased at the time of the ticket purchase.
THEATRE TALKS: CHARLES DICKENS AND “A CHRISTMAS CAROL”: A MAN AND A CULTURAL PHENOMENON

“A Christmas Carol,” the beloved story by Charles Dickens has become such a familiar part of our holiday celebrations that we almost take it for granted. Let’s explore the fascinating story of how this tale was written and think about how it became part of our culture.

Charles Dickens is one of the most popular and successful British novelists. He had a multi-faceted life that began in poverty. As a child he went to debtors’ prison with his family and toiled under horrendous conditions in a workhouse. With determination and diligence, he was able to use his talents as a journalist and humorist to gain international fame and success.

The novels and stories he wrote were not only entertaining but had strong humanitarian and social reform themes that enlightened his readers and made significant changes in public attitudes and government policies.

Though it had a rather modest beginning, “A Christmas Carol” significantly changed the way people in Britain and the United States thought about and celebrated Christmas. We’ll look at the aspects of the story that aren’t usually considered when we hear the story every year. You probably will never hear the story the same way after our exploration of this tale.

New Stage Players of South Sioux City, Nebraska, is planning to stage a play based on this story, December 6 through 15, and you will undoubtedly have more chances to hear, read and see “A Christmas Carol” this holiday season.

Your guide through this look at Dickens and this story is Bill McKenny who has performed in all the major male characters in various iterations of “A Christmas Carol” and has directed a musical version of it. Join us in this fun re-examination of this familiar classic.

THURSDAY, NOVEMBER 14; 10:30 A.M. TO NOON

Location: Advanced Sciences Bldg., Room L110, Entrance 14 or 15, Parking Lot 4 or 5
Fee: No charge / Max: 100
Lifelong Learning membership not required
Course #20/FY-CPDV-2798-01
MOMMY AND ME SING:
Making Harmony at Home

A music class for parents and children (age two through pre-K). This class has been created especially for the younger generation. Come for the fun and stay for the education.

All children are musical! They are born with an aptitude for music; this will diminish though, if it's not nurtured in the first nine years of life. According to leading early-childhood researcher Dr. Edwin E. Gordon, musical aptitude is in a developmental stage from birth to age nine. While a child can certainly learn musical skills such as fingerings, breathing, and note reading after age nine, how musical a person is – how attuned his or her sense of pitch and rhythm is – is set for life by age nine. Gordon says the most effective way to nurture a child's tonal and rhythmic aptitude is to provide them with a rich environment of singing and moving.

During weekly classes, children and their caregiver(s) will participate in activities such as: singing simple songs, continuous movement, steady beat activities, playing simple instruments, and rhymes and finger plays focused on tonal and rhythm patterns.

Your friendly instructor is Amanda Vande Zande, a mother of two and a music instructor at Western Iowa Tech Community College.

One child per registered adult.

MONDAYS, 10:30 TO 11:30 A.M.

Location: Advanced Sciences Bldg., Room L304, Entrance 4, Parking Lot 1 or 2
Fee: $25 / Max: 10
Lifelong Learning membership required

SESSION A: September 16, 23, 30, October 7, (no class Oct. 14) 21
Course #20/FY-CPDV-2574-01

SESSION B: October 28, November 4, (no class Nov. 11) 18, 25, December 2
Course #20/FY-CPDV-2574-02

SESSION C: January 27, February 3, 10, (no class Feb. 17) 24 and March 2
Course #20/FY-CPDV-2574-03
FALL CONCERTS

Music of Woodstock
with Jack and Mike Langley

In August, 1969, after the moon landing, a music festival called Woodstock was taking place on the east coast, and Jack Langley was starting his first semester at Drake University.

On his way to the first day of classes, he dropped off his young son Mike at his first day of kindergarten.

A half-century and a lifetime of music later, Jack and Mike will be performing this concert for Lifelong Learners to commemorate Woodstock, distilling an hour’s worth of music from an iconic event that lasted three days, with 33 performing acts and hundreds of songs.

The Langleys, both lifelong musicians, songwriters, recording artists and inductees to the Iowa Rock and Roll Music Association's Hall of Fame, have put together a concert of some of their favorite songs from the stage at Yasgur’s farm from Joan Baez, The Grateful Dead, The Band, Johnny Winter, CSN&Y, Janis Joplin, Creedence Clearwater Revival, The Who, Jimi Hendrix and more.

TUESDAY, OCTOBER 1; 7 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge / Max: 200
Lifelong Learning membership not required

Ghost Songs
with Mike Langley

On Halloween, when the veil between the spirit world and ours is lifted, Mike Langley will be pouring you a nightcap of Ghost Songs. Gathered over many years, and most recently over the past decade with Mike’s band The Groovediggers, this repertoire of old folk songs, as well as original Langley compositions, is a bubbling brew of specters, spirits and graveyard musings.

On the Menu:
“Long Black Veil,” by Mary Jane Wilkins and Danny Dill
“Barbra Allan,” traditional
“Please Don’t Bury Me,” by John Prine
“The Wind and Rain,” traditional
“When the Grass Grows Over Me,” by Don Chapel
“Bringing Mary Home,” by John Duffy, Joe Kingston and Chaw Mank

Original songs by Mike Langley:
“This Guitar’s Playing Me”
“Goodbye at the Gates of the Graveyard”
“For the Life of Me”
“Lovers’ Lane”
“Blue Island”
“Let Me Fly”
“Keeper of the Dead”

TUESDAY, OCTOBER 29; 7 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge / Max: 200
Lifelong Learning membership not required
ROCK AROUND THE CLOCK

The Post Woodstock Era

In the afterglow of Woodstock, all things looked possible to the Boomer generation. Rock ‘n’ roll was on every radio, and the songs were a shared vision of the times. But in the post Woodstock world, changes were on the way. Step aboard the WITCC Time Machine and journey back to the 1960s with historian Russ Gifford to revisit the times when rock was young and fun, even though “the times, they were a’changing!”

Join your friends at Rock Around the Clock, as Lifelong Learning looks back at the history of the times via the music and the musicians of the 1960s.

MONDAYS; 6 TO 8 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge / Max: 100
Lifelong Learning membership required

Session 1: Rock ‘n’ Roll Looks into the Abyss of Popular Success

Rock ‘n’ roll, once only home to outsiders and outcasts, had conquered the world by 1969. Coca-Cola said it wanted to buy the world a coke. The advertisement featured a song that was lifted from the hit maker airwaves! Coke’s top competitor struck back with Petula Clark singing Pepsi’s bubbly jingle.

By 1969, rock ‘n’ roll was selling cokes, cars, candy, cameras, and everything else. But rock ‘n’ roll was about rebellion. Could a music that advised listeners to “turn on, tune it and drop out” co-exist with commercialism? Drop in on this session with Russ Gifford and stay tuned to hear the songs that were rocking the nation as the sixties gave way to 1970!

Monday, November 18; 6 to 8 p.m.
Course #20/FY-CPDV-2827-01
ROCK AROUND THE CLOCK
The Post Woodstock Era

MONDAYS; 6 TO 8 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge / Max: 100
Lifelong Learning membership required

Session 2: Come on People Now, Let’s Get …Together?

Rock ‘n’ roll and the boomers came together for Woodstock. Seen at the time as the inauguration of the Age of Aquarius, the actual change was something much different. The music that had been the fusion of rhythm and blues and country rockabilly exploded in many different directions.

The psychedelic era of rock was peaking. Soul music scored hits. Others turned back to the beginning with a return to three guitars and a drum kit, while the previously unheard and unexpected progressive rock sound charted with Yes, ELP, and Pink Floyd. Others turned up the guitars and drums to a new heavier sound starting with groups like Black Sabbath.

A multitude of music styles exploded across the airwaves and would never converge again. From the Beatles to the Byrds, the Animals to the Airplane, the Cream and the Doors, to Simon & Garfunkel, partnerships were exploding. All parted ways to find a new path, and while the music changed, it never stopped. Come together at the Cargill and explore the changes as the 1960s melted into the 1970s!

Monday, November 25; 6 to 8 p.m.
Course #20/FY-CPDV-2827-02

Session 3: We Got To Get Ourselves Back to the Garden

Another result of Woodstock, the growth of increasing cash moved the power to the artist. The desire to be true to the music and the fans meant no more garage bands that could barely play while the 45s featured only the lead singers and studio musicians. It was the rise of the singer-songwriters, and as usual, they were following Bob Dylan’s lead.

While we may think of the guys when we think of the singer-songwriter, Joni Mitchell pushed her way in to that boys club with raw talent and perseverance.

Mitchell may have been discovered by David Crosby, wooed and wounded by Graham Nash, loved by James Taylor, adored from afar by America and immortalized by Led Zeppelin, but it was her skills and her lyrics that made Joni Mitchell a hit in the late 1960s.

Her story is the ultimate example of the prices paid by rockers who strove to reach the pinnacle in the era of free love. Join Russ Gifford and look at the era from “both sides now.”

Monday, December 2; 6 to 8 p.m.
Course #20/FY-CPDV-2827-03
STREAMING SERVICES AND WHAT IS THE CLOUD

Everyone is talking about streaming. Streaming music, streaming videos, that’s great, but what exactly is it and how do you do it?

In this class, your instructor, Haseena Napier, will explain what streaming is and how to get on the bandwagon. During the first hour of class, Haseena explains how streaming works and what you need in order to stream music and movies. She will also go over the following:

- Music Streaming apps like Pandora & Spotify
- Video Streaming services like Netflix, Hulu, and Amazon
- Devices that allow you to stream, such as smart TVs, Apple TV & Roku

Haseena will also help you set up a free trial of a streaming service or navigate an account you already have. The class will explore a few services in more detail and learn the differences and similarities to help you on your way to feel confident to navigate on your own with any streaming service or device.

You have your documents, photos, and other items backed up to the cloud but have no clue what that means. Through this class, Haseena will teach you what exactly the CLOUD is and how it pertains to your information. Learn what and where the cloud is, how your information is stored, and how companies are working to keep your information safe.

THURSDAY, OCTOBER 24; 1 TO 3:30 P.M.

Location: Wells Fargo Room, L110, Entrance 14, Parking Lot 4
Fee: $10 / Max: 15
Lifelong Learning membership required
Course #20/FY-CPDV-2887-01

TOASTMASTERS CLUB

At WIT Masters Toastmasters club you’ll find a positive, fun and encouraging environment where members learn vital skills that promote self confidence, enhance leadership and foster human understanding. Participants support each other as their communication and leadership skills grow and develop using the Toastmasters International curriculum of programs. WIT Masters Toastmasters club is open to the public.

Contacts:
Russ Kock, Club Officer
712-898-2739
randakock@aol.com

Matt Smith, Club Officer
712-274-8733 x3254
matt.smith@witcc.edu

TUESDAYS, NOON TO 1 P.M.

Location: Advanced Sciences Bldg., Wells Fargo Room, L110, Entrance 14 or 15, Parking Lot 4 or 5
INTRODUCTION TO THE IPAD
Including Email and Internet

Apple's iPad has sold millions of units since its debut in 2010. It has spawned many other brands of tablet computers and even Apple has produced five different versions. Your instructor, Haseena Napier, will go through the basic operation of the iPad, how to use the multi-touch display, explore settings, change font sizes, access the internet, use Safari, and introduce you to the wonderful world of apps!

In this class, you will also learn how to use Apple’s e-mail program with your current iCloud, Exchange, Google, Yahoo or AOL accounts. Find out how to save your favorite internet websites so they are easy to go back to later. Haseena will teach you the following: how to share an internet article via text or email and how to understand and work with the icons and symbols that appear at the tops of your screen.

If you own an iPad, you are welcome to bring it to class, but it’s not required.

THURSDAY, OCTOBER 3; 1 TO 3:30 P.M.
Location: Wells Fargo Room, L110, Entrance 14, Parking Lot 4
Fee: $10 / Max: 15 / Min: 6
Lifelong Learning membership required
Course #20/FY-CPDV-2554-01

INTERMEDIATE IPAD
Featuring iPhone and iPad Photography and Facetime

You know how to do your favorite things on your iPad, but what else can it do? The intermediate iPad class will dive further into some of the features and abilities of the iPad.

In this class, you will learn how to take photos and edit them using the plethora of editing tools that come pre-loaded on your iPhone and/or iPad. Next your instructor, Haseena Napier will teach you how to share your photos via text, email, or Dropbox and how to set up and make FaceTime calls.

THURSDAY, OCTOBER 10; 1 TO 3:30 P.M.
Location: Wells Fargo Room, L110, Entrance 14, Parking Lot 4
Fee: $10 / Max: 15 / Min: 6
Lifelong Learning membership required
Course #20/FY-CPDV-2822-01

The intermediate iPad classes will dive further into some of the features and abilities of the iPad.
PHOTOGRAPHY CLASSES

Instructor Jerry Mennenga worked for daily newspaper publications for over 25 years in Illinois, Texas, Louisiana, California and Iowa. He has covered various photographic assignments at these publications and continues to shoot for clients and also makes photographs simply for the fun and joy of it. He creates images for a blog he writes, www.lostinsiouxland.com.

Storytelling with Photographs

Photography is a medium for people to capture a moment in time. Mostly these moments are snapshots. Many people create dynamic and interesting photographs of landscapes, places and people. The images are nicely crafted and have impact but may not always tell a story. Photojournalists and documentary photographers spend time making images that tell stories.

In this five-week course, students will concentrate on creating storytelling images and learning about traditional journalistic styles involving photo stories and attempt to apply these techniques to exercises/assignments for class.

Students will look at various journalists’ photographic work and storytelling techniques and should come prepared for the class with topics of interest or ideas they want to pursue during the class session and produce new images for the class.

TUESDAYS, SEPTEMBER 17, 24, OCTOBER 1, 8, 15; 6 TO 8 P.M.

Location: Dr. Robert H. Kiser Building, ACE, Room A113, Entrance 1
Fee: $50 / Max: 10 / Min: 5
Lifelong Learning membership required
Course #20/FY-CPDV-3007-01

Shooting People Portraits

Photographing people is easy. Put them in sunlight and shoot. Simple. But creating people portraits is not always so simple. Should they sit or stand, will the photo be taken indoors or outside, or will you use available light, flash or a combination of both?

During this five-week course, the class will explore different ways of shooting people portraits, both in a studio setting and on location including environmental portraits. You will learn about using flash and other light sources, appropriate methods of coaching people during a shoot, and other simple tricks to create better portraits. Details matter. The class will also study specific iconic portrait photographers, their images and their techniques.

Students will need a digital single lens reflex (DSLR) camera or compact camera to shoot portraits during class, both on location at the WITCC campus and in the classroom. Students may also want to use a speedlite or off-camera flash. Equipment will not be provided.

MONDAYS, SEPTEMBER 30, OCTOBER 7, 14, 21, 28; 6 TO 8 P.M.

Location: Dr. Robert H. Kiser Building, ACE, Room A113, Entrance 1
Fee: $50 / Max: 12 / Min: 5
Lifelong Learning membership required
Course #20/FY-CPDV-2749-01
PHOTOGRAPHY CLASSES

Instructor Jerry Mennenga worked for daily newspaper publications for over 25 years in Illinois, Texas, Louisiana, California and Iowa. He has covered various photographic assignments at these publications and continues to shoot for clients and also makes photographs simply for the fun and joy of it. He creates images for a blog he writes, www.lostinsiouxdland.com.

Photo Safari

Shooting photos on location with instructor Jerry Mennenga.

Sometimes when a person is out photographing there are too many choices, and at other times it seems there are not enough.

This class is all about taking photographs on location. Its purpose is to help a student “see” the possibilities of what to photograph, and how to react, in the moment. Students are expected to have a basic understanding of their camera for this class and able to make exposures in the manual and aperture priority modes.

Information for learning and understanding technical details of operating a camera is offered in the Making Better Photographs class.

Rain or shine — or snow — four sessions of this class will be held outdoors so that students can take photographs in natural settings. Often, inspiration can be found in things that are unusual or imperfectly formed.

In the first session Jerry will go over some basics of composition and lighting, and general thoughts about photography. He will also outline the time and location plans for the next four sessions. This will be an opportunity for Jerry to gather emails and phone numbers of students so they can stay connected once the class starts meeting on location.

Jerry will be present at each site to offer advice and guidance while students are photographing images that capture their attention. In the last session, students will deliver their chosen images of the four location shoots on a thumb drive for viewing by the entire class for discussion and appreciation. Classroom sessions will take place in Advanced Sciences Building in Room L212 (Lot 4, entrance #13).

This class will meet six times on Saturdays. Class sessions are scheduled from 10 a.m. to Noon.

Digital single lens reflex (DSLR) cameras or compact cameras are necessary for this course. Students are responsible for supplying their own camera gear.

Students are responsible for their own transportation. There will be walking involved so wear comfortable shoes and dress appropriately for the weather.

SATURDAYS, OCTOBER 12, 19, 26, NOVEMBER 2, 9, 16; 10 A.M. TO NOON, EXCEPT WHERE SPECIFIED

Location: Varies
Fee: $60 / Max: 15 / Min: 5
Lifelong Learning membership required
Course #20/FY-CPDV-2732-01

OCTOBER 12, 10 A.M. TO NOON:
Meet 10 a.m. Classroom session. WITCC Advanced Sciences Building, L212. We will discuss composition, lighting and future location shoots.

OCTOBER 19, 11 A.M. TO 1 P.M.
Travel to Cherokee and meet at the Sanford Museum and Planetarium to walk around downtown and later look for some fall foliage.

OCTOBER 26, NOON TO 2 P.M.
Decatur, NE. Meet downtown near the trolley. We will visit a local museum, the riverfront park and look for fall foliage around the hills of Decatur.

NOVEMBER 2, 10 A.M. TO NOON
Travel to Oak Park in Sioux County north of Hawarden to check out the park and fall foliage and then down into Hawarden.

NOVEMBER 9, 6 P.M. TO 8 P.M.
The days fall back along with a fall time change, so the class will meet at 6 p.m. in Onawa at the Kiwanis Museum Complex off of Highway K45. With the time change occurring, students should bring a tripod, if available, a flashlight with extra batteries, or speedlite (off-camera flash) with extra batteries. The class will experiment with light painting around the museum complex and then visit the downtown area.

NOVEMBER 16, 10 A.M. TO NOON
Classroom session will meet in L212 where students’ photographs shot at the various locations will be viewed by the entire class.
DR. ROBERT E. DUNKER ANNUAL LECTURE

This series is named in honor of Dr. Robert E. Dunker, president emeritus of Western Iowa Tech Community College and founder of The Institute for Lifelong Learning.

James Monroe

Every president has faced obstacles and opportunities in his presidency. How he tackled or avoided those problems or how well he managed to move people forward often defines that president’s era and his place in American history.

Each semester, the Dr. Robert E. Dunker Lecture series uses history to illuminate a president’s methods of leadership. Join historian Russ Gifford to examine the presidency of one of the most overlooked presidents in America’s history!

Part 1: Monroe and His Times

If Americans know anything about James Monroe as a president, it is likely due to his identification with the Monroe Doctrine. His declaration of policies defining and defying world powers would stand for centuries. It is the moment when America came of age and became a landmark for the young United States. Two centuries later, Monroe’s assertions still form the bedrock foundation of American foreign policy.

But what of Monroe’s presidency? Was it a success? What do we know of his times, and his domestic policies? Did he skillfully wield executive power and advance the interests of the citizens of the United States? We are told his time is the Era of Good Feelings. Is that due to Monroe’s policies or was he fortunate to live in a time of few threats?

Monroe took office in the shadow of the ruinous War of 1812, which almost unraveled the young nation. He was the first president to occupy the new executive mansion since the British had burned the original in the war. Monroe became the last of the Virginia dynasty to hold the office, but he would not get a pass from his fellow southerners on the issues of sectional differences caused by slavery.

Tempers flared over the inclusion of Missouri as a slave state. Under his watch, this issue was defused by the resulting Missouri Compromise, allowing the country to avoid a war. A sectional war then would have had a much different outcome. Before the establishment of the Monroe Doctrine, the pieces of the fractured country would have been easy pickings for the European powers.

Monroe was never a one-issue president. His leadership led to forward movement on many agreements over territory and boundaries with various old world countries. Though most Americans could not pick Monroe out of a lineup of past presidents, his years as president are reported as a success. Citizens saw positive gains and despite the growing regional tensions, it is easy to argue Monroe’s skills were a key factor in the time becoming the Era of Good Feelings.

Join historian Russ Gifford for a retrospective of the vital years covered by the presidency of James Monroe and see how he used his leadership skills in the pursuit of growth and success for his young country.

WEDNESDAY, SEPTEMBER 25; 6 TO 8 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge / Max: 200
Lifelong Learning membership not required
DR. ROBERT E. DUNKER ANNUAL LECTURE

This series is named in honor of Dr. Robert E. Dunker, president emeritus of Western Iowa Tech Community College and founder of The Institute for Lifelong Learning.

Part 2: The Changing World and Monroe’s Legacy

The guiding principles of United States foreign policy Monroe laid out in an address to Congress became James Monroe’s legacy. The Monroe Doctrine, never called that in his lifetime, provided his heirs a tool to change the world in their times. His successors used it often in the coming century, but Monroe never did. Simply evoking the rights had the desired impact in Monroe’s time.

The U.S. was not strong enough to militarily enforce any of those policies. But where force would have failed, Monroe’s ability to negotiate and create scenarios where both sides could achieve their goals allowed him and his very able secretary of state, John Quincy Adams, to chart a course for America freed from European influence.

It was a sign of Monroe’s skill and foresight that his declaration was taken seriously. It announced to the world that the United States was a power that could not be ignored. In the process, Monroe’s principles became facts, and within his time in office, long range agreements on the final boundaries between the U.S. and Canada began to be formalized.

Monroe’s thoughtful attitude, hard work, and frank but affable personality made it possible for him to successfully navigate the turbulent times of a young nation coming of age.

While he can be seen as the end of the old order, James Monroe was one of the most forward-looking presidents to occupy the office. Monroe was the last of the founders’ generation who had served George Washington and had apprenticed under Thomas Jefferson. He was not a simple man. Monroe distrusted Washington’s policies and disagreed with his moves against France. He accepted Washington’s appointment to be minister to France over Jefferson’s strong suggestion that he turn it down. Monroe had a different goal and worked to thwart Washington’s policy toward France! Monroe’s time in France during the French upheaval is a fascinating story to examine!

It is also worth noting that by the end of his presidency, he had a change of heart toward Washington’s efforts, yet another sign of leadership.

Join Russ Gifford to explore the rich life and storied legacy of the last of the original revolutionaries to occupy the office, and see how effective leadership in office can create an era of good feelings!

FRIDAY, SEPTEMBER 27, NOON TO 2 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge / Max: 200
Lifelong Learning membership not required

The Monroe Doctrine, never called that in his lifetime, provided his heirs a tool to change the world.
GATHERING INFORMATION - THE HISTORY OF THE CIA

In the brief moment of quiet that followed World War II, the United States found itself to be the only Allied power not dealing with the widespread destruction. The devastation of Europe left a power vacuum rapidly being filled by the Soviet Union. Churchill warned of an iron curtain descending across Europe analyst George Kennan poured his concerns into a long State Department telegram filled with dark warnings of Soviet intentions. To these men, the fate of the world hung in the balance. Many agreed, but agreement on the problem did not signify an agreement on the solution. Which path would lead to the proper outcome?

In 1947, the new Central Intelligence Agency, the CIA, was born to coordinate the various departments' intelligence services and much more.

In this series of classes, we will examine what we know of the history of the CIA. In the process we will meet an incredible group of people and review major events during this American century. We will also see some of America's greatest enemies. It is a fascinating story and one far from finished. Join historian Russ Gifford as we walk into the shadowy world of intelligence operations to decipher the history of this pivotal organization!

MONDAYS, OCTOBER 28, NOVEMBER 4, 11; NOON TO 2 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge / Max: 100
Lifelong Learning membership required
Course #20/FY-CPDV-3008-01

Early Years: Countering Communism

During World War II, secret information from Europe and Asia Pacific was the lifeblood of the armed forces. Agents and agencies developed quickly on an as needed basis. As operations increased, the need for counter espionage also increased. William “Wild Bill” Donovan drove these actions forward. But after the war, information was still vital. Departments of State and of Defense each had experts within their ranks and demanded time and attention. When their prime audience, Harry Truman, the President of the United States, found he was beset with divergent views as to the intentions and capabilities of the country’s enemies and adversaries, he demanded a combined, unified briefing with information assessed and considered with a condensed output. The CIA was born.

But what of the Federal Bureau of Investigation? Hoover would not let his power be diminished. Different styles abounded. With the coming of Dwight D. Eisenhower to the presidency, the covert arm of the Agency quickly grew as Ike certainly preferred muscular covert operations to military ones.

Lack of oversight came home to roost: in 1960, high over the U.S.S.R., in 1962, in a muddy swamp in Cuba, and by the 1970s, in misleading quid-pro-quo dealings with a president using the agency to shield his actions from exposure. As the truth came to light in the post-Watergate era of transparency, there was much to question.

Join historian Russ Gifford as we walk into the shadowy world of intelligence operations

Monday, October 28, Noon to 2 P.M.
Transparency and Transition

The aftermath of congressional investigations left the agency at a crossroads. The mission was no less vital, and the men and women working for “the Company” no less dedicated. It would not be long before it was leading the charge again at the behest of presidents. The rest of the 20th century would lead from a little island in the Caribbean, to Nicaragua to Afghanistan and to the ultimate frustration of the U.S.S.R. in Afghanistan. The eventual confrontation of Desert Storm placed U.S. forces in the Middle East for the first time. The ominous issues of the Khobar Towers and the U.S.S. Cole provided pointers that would end at the World Trade Center as the new century dawned.

Monday, November 4, Noon to 2 P.M.

Later Years: Confronting Terrorism

The attack on New York on September 11, 2001, was no less monumental than the Japanese attack on Pearl Harbor. Both changed the direction of the country and awoke a people to utilize resources at hand to strike back. The difference was the United States was not a sleeping giant, but a behemoth with more power at its disposal than any country had ever possessed. What was lacking was a target, and the CIA would quickly identify it. While Afghanistan had frustrated the U.S.S.R. in the 1980s, the country fell quickly to U.S. forces. Some of the post war excesses lead to questions. Later, the misidentification of Iraq as a holder of weapons of mass destruction lead many to ask if the intelligence gathering arm was being misused or misled. The drone strike war, attacking people identified as targets in countries that may not have invited the U.S. to undertake such actions, continues to make many uneasy. Today the CIA, and thus by extension, the U.S., actively participates in actions in countries around the globe that frequently surprises the citizens when an attack or an ambush makes headlines. Leaks have confirmed intelligence gathering also captured information from U.S. citizens who were at home, not abroad. What are the limits? What should be the limits? And what will the future bring?

All good questions, and the answer, as always, requires a gathering of information to make an informed decision. Join us to discuss the history of the Central Intelligence Agency, and where the roads might lead from here!

Monday, November 11, Noon to 2 P.M.
AMERICA’S WESTWARD EXPANSION

This is a story of lore and legend, of fame and fortune, and of devastation and destruction as we journey with those who crossed the Mississippi River as part of the greatest migration in human history!

From 1820 to 1890, millions of people flowed into a vast countryside defined by the Louisiana Purchase, the Mexican Secession and the Northwest Agreement. Far different from the lands east of the Mississippi, these sparsely populated lands quickly provided clues to the rich resources they possessed. Rapidly outnumbering the native population, new states entered the Union, unsettling the delicate balance of the North and South.

By the early 1840s, the population began pushing across the vast plains, jumping off from Independence, Missouri, to reach the fabled city of Santa Fe, or on to California via a more northerly route. All came in search of the golden farm lands or the life a new land offered.

The discovery of gold at Sutter’s Mill in the newly acquired California produced an explosion of travelers with lines of wagons proclaiming “California or Bust!” in search of easy wealth “waiting for people to simply scoop it out of the water!” Millions left Independence or St. Joseph, Missouri, everything they owned crammed into a wagon pulled by oxen, hitting the trail with huge hopes and fragile dreams.

As steamboats and railroads pushed nearer, later adventurers left from further north, making Nebraska City, in the Nebraska territory, their launch point. If the destination was California or north, all these trails led to their first extended stop at Ft. Kearney. From there, they passed the landmarks of Courthouse Rock, and Chimney Rock, as their overland journey pushed on to Ft. Laramie. They had to face mountains, desert, and weather to reach the promised riches of the mining fields stretching from California to Montana.

Many recalled the brutal pain of the four-month passage, and the sacrifices made. For some, the trip ended in a swift and painful death due to cholera and tragic accidents along the trail. Others called it quits before they made it to their destinations. They decided to stay in the area we consider home, the Great Plains within the Nebraska territories.

For those who made the trip and persevered beyond the Plains, the forbidding mountain ranges, the arid lands, the big sky country of Montana, the Pacific coast of Oregon, or the fertile fields of California, it remained the adventure of their lifetime.

We will follow in their footsteps as these hardy souls break trails into history with their challenging passage to a new beginning. We will trace the various waves of different nationalities and their trials and triumphs. We will review the realities of the conflicts as the old inhabitants of the regions contested this onslaught of humanity. We will also see the massive undertaking to reap the rich harvest of minerals in the new land, an unprecedented undertaking at that time!

In the process, they rewrote the future of the continent and the country. Join historian Russ Gifford to relive the era and perhaps gain a new appreciation of the efforts and the sacrifices of the people and their time.

MONDAYS, SEPTEMBER 23, 30, OCTOBER 7, 14, 21; NOON TO 2 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4  
Fee: No charge / Max: 100  
Lifelong Learning membership required  
Course #20/FY-CPDV-3009-01

Wagons West! 1815 to 1870: Crossing the Mississippi

The War of 1812 drew to a close and people began to populate the “land between two rivers.” We will see the beginnings of the Mormon Crossing, the first of the wagon trains, and the draw of the oldest city on the continent, Santa Fe. Thousands left their diaries, and the entries will help us walk in their shoes as they trudge beside the oxen team hauling the wagon, which held all their possessions. We will also ride along with the Pony Express in the brief time before technology outpaced the fastest horses!

Monday, September 23, NOON TO 2 P.M.
AMERICA’S WESTWARD EXPANSION

MONDAYS, SEPTEMBER 23, 30, OCTOBER 7, 14, 21; NOON TO 2 P.M.

Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge / Max: 100
Lifelong Learning membership required
Course #20/FY-CPDV-3009-01

The Mining Boom: 1849 -1889

The discovery of gold in the newly acquired state of California created a fever that couldn’t be ignored. Millions rushed to California in search of easy wealth, which changed the state, the people, and themselves. Many traveled by boat around the dangerous passage at the tip of South America or combined ship and land travel by making the arduous foot journey across the strait of land at Panama. But for most, it was a question of money. The majority took the overland route from Independence in their pell-mell drive to get to the gold.

The story of the west is more than the Gold Rush. This period saw the most extraction of wealth in minerals in American history. As each played out, a new one came to the foreground from gold, silver, copper, iron, petroleum, and coal. These forces shaped the story of the west, and we will explore the major players and the minor pawns.

Monday, September 30, Noon to 2 P.M.

Indians and the Plains Wars: 1860 – 1880

While certainly underpopulated, the region of the Louisiana Purchase was not vacant. The Plains Indians, as Native Americans were called, had seen their lives change continuously as more and more people entered the lands they had roamed for years. Some were latecomers displaced by the Americans as they consumed the land east of the Mississippi. Many were attempting to adjust to being assigned limited areas to live, waiting on promised supplies earned via the trade of their traditional lands. In Minnesota, negligent, inept, or corrupt government agents failed to keep those supplies coming or pocketed the money instead. A killing drought created a situation that sparked an Indian uprising that swept across the plains. The resulting conflict claimed thousands of lives over the next 30 years.

Monday, October 7, Noon to 2 P.M.

This is a story of lore and legend, fame and fortune, and devastation and destruction as we journey with those who crossed the Mississippi River as part of the greatest migration in human history!
Cattle, Commerce, and the Coming of the Railroad

With the addition of Texas, prime grazing lands of the southwest were of a size beyond imagination in the country’s earlier years. Ranchers and businesses combined to bring to market herds of cattle to match the scale of the open spaces and fed the growth of the large meat processing plants in growing towns like Chicago. This required numerous men working together toward a single goal, something the experiences of army life during the Civil War made possible. These cattle drives to the rail head became the stuff of legend, but it also resulted in bringing the rail lines further into the wilderness.

This potential was powered by the railroads striving to lash the country together by miles of steel rails. It was a dream powered by public funds, and it made private fortunes. The demand for steel created factories larger than any in Europe. It created a demand for coal to power those factories, for iron ore to feed them, and for men to run them. It also created a new class of wealthy men.

Those newly minted millionaires spent money in the right places to make more money and gave rise to conglomerates, trusts, lobbyists, and corruption. We will see how the coming of commerce and more people into the region changed the countryside, the country, and the world for those who lived in the West.

Monday, October 14, Noon to 2 P.M.

The Closing of the Frontier and the Coming of a New Era

The motivating factors driving western expansion eventually decreased. The last of the rushes were based in the Dakotas to the north and Oklahoma to the south. As the fever for quick riches broke and the last of the native tribes were subdued, the Great Plains became the region to fill. Farmers battled the land and the elements to survive. They, too, transformed the land and the people who lived there. Farming, not ranching, not extraction of its resources, decided the future of the west.

We will look at the century that followed after the closing of the frontier to see if the region and its history have left an imprint on today’s inhabitants.

Monday, October 21, Noon to 2 P.M.
COFFEE AND CONVERSATION

This series emphasizes conviviality and conversation. Each month, a guest speaker gives a presentation on a topic with broad appeal. The format encourages audience participation and the free exchange of ideas.

We provide refreshments so please be sure to register to ensure adequate supplies.

Those Who Came Before Us: A look at Siouxland 1,000 Years Ago

Coffee and Conversation takes us back to the banks of the Missouri to check on what we know about the land and the inhabitants during the days of the Great Oasis/Mill Creek culture, roughly 900 to 1100 A.D.

The program will discuss the culture and what archaeologists have learned about the people that inhabited our region before us! Join historian Russ Gifford on this trip into the past!

THURSDAY, SEPTEMBER 19; 10:30 A.M. TO NOON

Location: Wells Fargo Room, L110, Entrance 14, Parking Lot 4
Fee: No charge / Max: 40
Lifelong Learning membership not required
Course #20/FY-CPDV-2218-01

Sioux City’s Corn Palaces

The Sioux City Public Museum’s Archival Records Clerk, Haley Aguirre, will describe the late 19th century autumn harvest festivals celebrated in the City every year. The highlight of these festivals was the construction and use of a large building in the downtown area called a Corn Palace which was covered with unique decorations in corn and other grains. Besides having the distinction of construction, the “World’s First Corn Palace,” Sioux City’s Corn Palaces hosted well-known entertainers of the time and even the sitting president of the United States. September 24, 2019 marks the 131st anniversary of the opening of the 1888 Corn Palace in Sioux City.

Although these festivals were short-lived, they are still remembered because of the excellent print and photographic collections at the Museum. The presentation will showcase both exterior views and rarely seen interior images of the various palaces as well as highlight some of the events and people behind the festivals.

Adequate time will be given for discussion, memories and questions about the interesting subject.

THURSDAY, OCTOBER 3; 10:30 A.M. TO NOON

Location: Wells Fargo Room, L110, Entrance 14, Parking Lot 4
Fee: No charge / Max: 40
Lifelong Learning membership not required
Course #20/FY-CPDV-2218-02
COFFEE AND CONVERSATION

This series emphasizes conviviality and conversation. Each month, a guest speaker gives a presentation on a topic with broad appeal. The format encourages audience participation and the free exchange of ideas.

We provide refreshments so please be sure to register to ensure adequate supplies.

Morningside: Then and Now

From downtown Sioux City and over the viaduct, a traveler has entered a place that many natives consider to be “God’s country.” That special “country” is also known as the Morningside area of the city. Call it what you want; it’s a special place of growth, enthusiasm and pride, enhanced by some mysteriously beautiful ravines, rolling hills, spectacular views of the Missouri River and Nebraska, and beautiful, well-kept neighborhoods.

The Sioux City Public Museum’s retired curator, Grace Linden, will present the fascinating history of this vibrant area. Photographs of by-gone and existing structures will remind us of the growth that Morningside has achieved in the past 150 years. These structures will be highlighted in this photographic excursion along transit car lines and city streets. This southeast area of Sioux City boasts of many historic sites, including cultural monuments, educational institutions, sport and recreational parks, shopping centers, National Historic Register sites, and beautiful residential areas. Begin writing down your memories and questions.

Adequate time will be given for discussion, memories and questions about this subject.

How the Streets Got Their Names

Historic maps and interesting photos of people and places will be featured in “How the Streets Got Their Names” on Thursday, October 24.

Have you ever wondered about Sioux City’s street names? Do you know about the origin of the name of the street on which you live? What do the names represent? Who named the individual streets or avenues? The Sioux City Museum’s Archives Manager, Tom Munson, will highlight both current and historic street names, who named them, from where did the names originate and how have the names changed over the years. In addition, photos of these roadways will show how they looked in the past and the present, too.

Adequate time will be given for discussion, memories and questions about this interesting subject and power point.

THURSDAY, OCTOBER 10; 10:30 A.M. TO NOON

Location: Wells Fargo Room, L110, Entrance 14, Parking Lot 4
Fee: No charge / Max: 40
Lifelong Learning membership not required
Course #20/FY-CPDV-2218-03

THURSDAY, OCTOBER 24; 10:30 A.M. TO NOON

Location: Wells Fargo Room, L110, Entrance 14, Parking Lot 4
Fee: No charge / Max: 40
Lifelong Learning membership not required
Course #20/FY-CPDV-2218-04
COFFEE AND CONVERSATION

This series emphasizes conviviality and conversation. Each month, a guest speaker gives a presentation on a topic with broad appeal. The format encourages audience participation and the free exchange of ideas.

We provide refreshments so please be sure to register to ensure adequate supplies.

The Great Depression in Sioux City

Curator of History at the Sioux City Public Museum, Matt Anderson, will showcase images that illustrate the challenges that local citizens faced during the Great Depression and will show and explain how they dealt with these challenges in a mostly positive way.

Like all American cities, Sioux City was profoundly affected by the economic catastrophe of the 1930s. Banks collapsed, the Dust Bowl and finances forced farmers off their land and businesses closed their doors. In 1932 and 1933, the Sioux City area was the scene of a wave of rural unrest as desperate farmers struggled to keep their farms. Later in the decade, there were major strikes in the local meatpacking industry.

Fortunately, however, Sioux City was spared the widespread urban violence that plagued other American industrial centers. In addition, Sioux City was also a beneficiary of the Franklin Roosevelt administration's New Deal public works programs, successfully administered by Sioux City-born Harry Hopkins.

Adequate time will be given for discussion, memories and questions about this historically important subject and power point.

THURSDAY, OCTOBER 31; 10:30 A.M. TO NOON

Location: Wells Fargo Room, L110, Entrance 14, Parking Lot 4

Fee: No charge / Max: 40

Lifelong Learning membership not required

Course #20/FY-CPDV-2218-05
WORLD CUISINES AND CULTURES

India

In this very popular series, you’ll explore the flavors and traditions of different states and countries around the world. The meal will be catered by a local Siouxland restaurant based on authentic recipes from each featured state or country.

Lifelong Learning coordinator Mara Hall will talk about the colorful traditions and history of each state or nation.

This is a wonderful opportunity to taste delicious food and meet new friends. Best of all, you can travel without leaving home. No delays, no security!

We will be enjoying this class in a new location of the picturesque Oscar Carl Vineyard.

TUESDAY, OCTOBER 22; 11:45 A.M. TO 1:15 P.M.

Location: Oscar Carl Vineyard, 1473 Buchanan Ave, Sioux City
Fee: $25 / Max: 45
Lifelong Learning membership required
Reservations will be taken until October 15. Payment in advance required; no refunds after 5 p.m. on October 15.
Course #20/FY-CPDV-2534-01
WINE APPRECIATION FOR BEGINNERS

Featuring Chocolate and Wine Pairings

Join us for a fun and informative evening that will focus on the wonderful world of wine paired with chocolate.

Jerry Janssen will share some basic information that will help you develop a better understanding of wine. You will learn how different kinds of wine compliment and highlight the distinctive flavors of different kinds of chocolate.

One of the advantages of going to a workshop like this one is that you will pair wines with chocolate you might never have paired before. You’ll sample four selections of wines paired with chocolate.

After sampling these selections, you will be encouraged to go on a new adventure in your discovery of wine.

TUESDAY, NOVEMBER 5; 6 TO 7:30 P.M.

Location: Applied Technology Building, Culinary Dining Room, D310, Entrance 13, Parking Lot 4
Fee: $15 / Max: 20 / Min: 10
Attendees must be 21 or over to participate
Lifelong Learning membership required
Course #20/FY-CPDV-2586-01

AN INVITATION FROM WITCC’S OVERLOOK CAFÉ

The Overlook Café is a great meeting and resting place on campus. We are open from 7:30 A.M. to 1:30 P.M. and then again from 4:30 to 7 P.M. for all your meal, snack or drink needs. You can sit and relax in our comfortable booths any time!

We offer an extensive menu that is not expensive, as well as a very large variety of soda, coffee, cappuccino, and juice. We also offer a variety of quick, easy, and convenient food items that you can fix here (microwaves are available), or you can take them home. Everything we offer is available to eat in or carry out.

The Overlook Café has a large salad bar with a great variety of greens, toppings and salads including old favorites like potato salad, coleslaw, and even sweet salads. There is something for everyone!

We also carry a variety of desserts including reduced calorie and no-sugar-added choices.

Our staff is very friendly and willing to lend a hand, as well as offer suggestions. If you have questions, please don’t hesitate to ask.

The next time you are on campus, please stop in and visit! We will be happy to show you around!

Julie Nelsen & Angela O’Dell,
Food Service Co-Managers,
Overlook Café
COOKING WITH CHEF GASAWAY

Chef Michael Gasaway, Culinary Arts Instructor, and Lifelong Learning are excited to offer a series of classes once a month with various themes where you will learn to chef with the best! Chef Gasaway will show you how to navigate your way through fun, hands-on cooking in the culinary programs state-of-the-art kitchens. You will have fun, you will learn, you will cook, and, most importantly, you will eat delicious cuisine you prepare!

Chef Gasaway is a formally trained chef with over 25 years of experience in the field. After completing his degree from Johnson and Wales University on the east coast, he and his wife decided to come back to the Midwest, setting down roots in Sioux City. After 7 years of work at one of Siouxland’s best restaurants, he went to work for Aramark Corp. in their Higher Education division. For the next 13 and a half years, he worked as the Executive Chef for both the University of South Dakota and Briar Cliff University. In 2015, he accepted a position at Western Iowa Tech Community College as a Culinary Arts Instructor.

THURSDAYS, 6 TO 8:30 P.M.

Location: Applied Technology Building, Culinary Demonstration Kitchen, D201, Entrance 14
Max: 16
Lifelong Learning membership required
*You will be standing and cooking for most of the class. Please wear comfortable, closed-toe shoes and have long hair tied back.

#SquashGoals

The end of the farmer’s market season is here, but you can still learn to cook some gourd-eous and delicious food. Come learn how to select the best squash (and other harvest vegetables), how to prep and store them, and some delicious seasoning tips!

Thursday, October 3; 6 to 8:30 p.m.
Course #20/FY-CPDV-2588-01
Fee: $35

Learn to cook some gourd-eous and delicious food!
COOKING WITH CHEF GASAWAY

THURSDAYS, 6 TO 8:30 P.M.

Location: Applied Technology Building, Culinary Demonstration Kitchen, D201, Entrance 14
Max: 16
Lifelong Learning membership required
*You will be standing and cooking for most of the class. Please wear comfortable, closed-toe shoes and have long hair tied back.

Non-Traditional Traditional Meals
It’s just a few weeks before Thanksgiving and you have searched through your recipes, but you are hungry for something new. This year you are ready to perk up your holiday meal with something different but where do you start? Learn new ways to enjoy the upcoming holiday meals (and show off to THAT sister-in-law) and celebrate what we are thankful for with an unexpected menu of delicious food.

Thursday, November 7; 6 to 8:30 p.m.
Course #20/FY-CPDV-2588-02
Fee: $35

Eat Like the Dickens Dinner
This evening class will teach you how to cook a lavish Dickens dinner. This formal dinner party, inspired by the type of food and drink that would have been enjoyed by the wealthy Victorians of England, will be a showstopper, sure to please even the most “Scrooge-ish” of your friends and family.
Thursday, December 5; 6 to 8:30 p.m.
Course #20/FY-CPDV-2588-03
Fee: $50

Couple-a-Cooks
The holiday of love is upon us. Bring a friend or partner-in-crime to learn to cook a romantic meal together. What says love more than sharing and creating food together? From chocolate to fondue, you are not going to want to miss this one, it might break your heart.
Thursday, February 6; 6 to 8:30 p.m.
Course #20/FY-CPDV-2588-04
Fee: $35
NEW ORLEANS ARCHITECTURE & URBAN PLANNING: LESSONS ON ADAPTABILITY FOR OVER 300 YEARS

New Orleans’ urban landscape has always evoked romantic musings. From the wrought iron of the “French Quarter,” (which is Spanish in design) to the practicality of Creole cottages in a subtropical climate, to the working class retirement plan that shotgun houses represent to so many, New Orleans has, for over 300 years, mixed adaptive reuse with a healthy dash of love of color, whimsy, and irreverence to create an important linchpin of its cultural identity.

As a model of historic preservation, New Orleans remains important and relevant, but it is also a 21st Century laboratory for practical land use principals. Let’s explore New Orleans architecture and land use as we take a virtual tour of its neighborhoods. Tour guide Linda Santi will discuss how New Orleans history has informed its building design into this century; how its culture has influenced its architecture; and how rebuilding challenges faced by a town that was 80% destroyed by the levee failures of 2005 has led to rebirth, as well as to inevitable tensions between competing interests.

Linda can speak to the architecture of the many unique New Orleans neighborhoods, but also as someone who has lived in two iconic New Orleans homes: the Doullut Pilot House, a rare Gulf South example of “steamboat gothic” architecture, and a Frank Gehry-designed “Make It Right” postdiluvian house - both in the Lower Ninth Ward section of New Orleans.

THURSDAYS, OCTOBER 3 AND 10; 6 TO 7:30 P.M.

Location: Dr. Robert E. Dunker Student Center, Room W108, Entrance 12, Parking Lot 3
Fee: $10 / Max: 40 / Min: 6
Lifelong Learning membership required
Course #20/FY-CPDV-3002-01
BOOKS AND HOSPITALITY-TEA

Join us for this series where we will feature local artists and authors while enjoying tea, coffee, and treats with silver service from our host, retired general manager of Siouxland Public Media, Gretchen Gondek.

Santa’s Christmas Diary by Carla and Curt Winquist

“We’ve all enjoyed visiting Santa Claus at the mall. But have you ever thought about what it is like for Santa? ‘Santa’s Christmas Diary’ follows the journey of Santa Claus over several years as he greets children, adults and pets at a mall in Connecticut and during other day-to-day experiences. Enjoy the funny memories, uncomfortable moments and heartwarming stories. And see what it was like for Santa, who was just down the road from the 2012 Sandy Hook Elementary School shooting, as he comforted children who had witnessed the tragedy and others who had lost loved ones. Christmas is a magical time of year. And even during tragedy, love and kindness prevail. Grab a candy cane and a mug of hot cocoa and enjoy ‘Santa’s Christmas Diary.’

Carla Winquist has been an early childhood educator most of her adult life. Since her childhood, some of her fondest memories were that of Santa Claus. As her own children began to experience the ‘Magic of Christmas,’ she sewed a Santa Claus suit. Elwood Winquist, Curt’s father, Derrick Wangerin and other friends wore it as they made visits to their home on many Christmas holidays, creating fond memories for their children. Curt Winquist has been a farmer most of his life. With coaxing from his wife, Carla, he stepped into the Santa suit after his children were grown and so the adventures began.”

From the publisher’s notes

HOLIDAY PARTY AND CONCERT

Join us for the annual Lifelong Learning holiday celebration with music, song, food and prizes!

TUESDAY, DECEMBER 3; 10:30 A.M. TO NOON

Location: Rocklin Conference Center, Corporate College Bldg., Lots 2, 2B and 3
Fee: No charge / Max: 250
Lifelong Learning membership not required
Course #20/FY-CPDV-2218-06

WEDNESDAY, NOVEMBER 8; NOON TO 1:30 P.M.

Location: Advanced Sciences Bldg., Wells Fargo Room, L110, Entrance 14 or 15, Parking Lot 4 or 5
Fee: No Charge / Max: 50
Lifelong Learning membership required
Course #20/FY-CPDV-2906-01
POURING WATERCOLOR
with Jean Weiner

Learn the watercolor techniques our friendly instructor, Jean Weiner, uses to create her poured paintings. By strategically saving light and pouring transparent paint in subsequent layers, your watercolor painting will glow! Classes are designed for beginner to intermediate watercolor artists. Drawing and/or sketching skills are not required. Students will follow Jean’s step-by-step demonstrations to create their own watercolor poured painting.

SATURDAYS, SEPTEMBER 21, 28, OCTOBER 5, 12; 9 A.M. TO 1 P.M.

Location: Gaylord Smith Building, Art Studio, Room C129
Fee: $85 (includes materials) / Max: 9
Lifelong Learning membership required
Course #20/FY-CPDV-2615-01

By strategically saving light and pouring transparent paint in subsequent layers, your watercolor painting will glow!
COLORED PENCIL BEYOND COLORING BOOKS

You will find this beginner’s class fun and exciting as you enter a world of colored pencil beyond coloring books. Our easy-going instructor, Randi Mackey, makes the learning fun in a comfortable setting, building your confidence with step-by-step guidance. Drawing skills are not required. Students will receive a step-by-step color instruction packet, as well as first hand one-on-one personal instruction by Randi, learning new techniques on which to build your beautiful eagle drawing.

Randi’s goal is to encourage others to see what beauty colored pencils can create and build confidence using the techniques they learn. Feel free to bring a snack or brown bag lunch. Randi will be available to work with you while we eat if you want.

SATURDAYS, OCTOBER 19, 26, NOVEMBER 2, 9; 9 A.M. TO 1 P.M.

Location: Gaylord Smith Building, Art Studio, Room C129
Fee: $85 (includes materials) / Max: 9 / Min: 4
Lifelong Learning membership required
Course #20/FY-CPDV-3014-01

WITCC LIBRARY

Western Iowa Tech Library includes not just textbooks but magazines, books and audio/video collections to serve a vast range of interests and hobbies. We have lots of fun stuff!

There are more than 50,000 items to choose from. You can pick out anything from a classic movie starring Humphrey Bogart or a new Tom Hanks drama. We have thousands of contemporary fiction and non-fiction books as well as literature from the past. We even have books for children. If reading isn’t your pastime, maybe an audio book is for you; they make traveling or commuting fly by. We can get interlibrary loan-copies of books from other libraries locally, regionally and even around the world. Students, staff and Lifelong Learners with a WIT ID can participate in our cooperative arrangement with the Sioux City Libraries to check out materials.

You might just enjoy hanging out in our magazine and newspaper lounge. We have newspaper from all over the area. All you need to check out books is current WITCC ID or driver’s license. We are open Monday through Thursday 7:30 a.m. to 6:00 p.m., Friday 7:30 a.m. to 5:00 p.m., and Saturday 8:00 a.m. to noon. Please stop and see us; we are here to help you!

Sharon Dykshoorn, Library Manager
ART AND SANDWICHES

Here’s an opportunity to appreciate some of the finest art ever produced. In this series, we'll spend a delightful lunchtime session looking at a single masterpiece from the world of art, design, music and architecture. Our guest speaker will present his/her personal choice of a masterpiece and invite your comments.

Please note the change in location. Lunch will be catered in the room from the Overlook Café.

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**WEDNESDAY, OCTOBER 23; NOON TO 2 P.M.**

Landscape with a Stone Bridge, 1636

*Artist:* Rembrandt van Rijn (1606-1669)

*Presented by:* Margot Chesebro

*Location:* Robert H. Kiser Bldg., A208, Entrance 1

*Max:* 40  /  *Fee:* $10

Lifelong Learning membership required

*Course #20/FY-CPDV-2538-01*

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**WEDNESDAY, NOVEMBER 13; NOON TO 2 P.M.**

Trinity Church (Boston), 1872

*Architect:* Henry Hobson Richardson

*Presented by:* Barb Small

*Location:* Robert H. Kiser Bldg., A208, Entrance 1

*Max:* 40  /  *Fee:* $10

Lifelong Learning membership required

*Course #20/FY-CPDV-2538-02*

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**WEDNESDAY, DECEMBER 11; NOON TO 2 P.M.**

The Harbor At Lorient, 1869

*Artist:* Berthe Morisot (1841-1895)

*Presented by:* Margot Chesebro

*Location:* Robert H. Kiser Bldg., A208, Entrance 1

*Max:* 40  /  *Fee:* $10

Lifelong Learning membership required

*Course #20/FY-CPDV-2538-03*
FLOWER ARRANGING

Flower arranging is soothing, satisfying, and lots of fun! It’s a great way to express your creativity. Flower arrangements can be used to decorate your home or to send a special message to a friend or loved one. Nothing lifts the spirits more than a gorgeous floral display. This class will help you develop your talent and confidence in this very special art.

No previous experience of flower arranging is needed. Our expert instructor, Laurie Taylor, owner of Living Treasures Flower Farm, has 25 years in the floral industry and will take you gently through the steps to create a unique seasonal arrangement using flowers currently in bloom in our area. Please bring scissors, a knife, and small clippers or wire cutters. Laurie will supply the flowers and mason jars for the containers. At the end of each class, you’ll be able to take home your own unique, beautiful arrangement.

TUESDAY, SEPTEMBER 17; 10:30 A.M. TO NOON

Location: Advanced Sciences Bldg., Room, L304, Entrance 4, Parking Lot 1 or 2
Fee: $28 / Max: 12
Lifelong Learning membership required
Course #20/FY-CPDV-2484-01
WRITE, RIGHT NOW

Are you interested in writing for fun? Maybe you just want to indulge in something that you once loved years ago but never had time. Or do you feel you might have an undeveloped talent and need some guidance? If so, this is a great series of classes for improving your everyday writing skills.

Sometimes the only way to progress as a writer is to share work with others. So, part of each class will be devoted to talking about what we write. This will be fun and informal.

Each class is separate so you can take just one or all of them. The class on memoir writing is in two parts but is designed to accommodate anyone who misses Part 1. Other classes with two or more parts require that you take the preceding part. In the second Mystery Writing class, we will be continuing work from Part 1, taking Part 1 is necessary before Part 2. The same thing applies to the new two-part Script Writing class. There are four fiction-writing classes. Many people who have taken our fiction-writing classes before are eager to progress to more advanced levels. For Fiction Writing Parts 2, 3, and 4, we require that you take Fiction Writing Part 1.

Instructor Joe Peschel is an outstanding instructor and has had wonderful evaluations from our members. He has been a freelance writer for about thirty years and has published in the Houston Chronicle, the Washington Post, the San Francisco Chronicle, the Los Angeles Review of Books, The Oregonian, Science magazine, the Chicago Tribune, the Boston Globe, the Daily Beast,, the Barnes & Noble Review, the Kansas City Star, the Milwaukee Journal Sentinel, the St. Louis Post-Dispatch, the Minneapolis Star Tribune, the Raleigh News & Observer, and other newspapers and magazines. Peschel has also served as the script adviser on the short film, “The Ghost in Her,” and the feature film, “Ever Fallen.”

Be sure to bring something to write with—a computer or pen and paper—as we'll be doing lots of writing.

WEDNESDAYS, SEPTEMBER 18, 25, OCTOBER 2, 9, (NO CLASS OCT. 16) 23, 30, NOVEMBER 6, 13, 20, 27, DECEMBER 4; 6:30 TO 8:30 P.M.

Location: Dr. Robert H. Kiser Building, Room A208, Entrance 1
Fee: $10 (per individual class) / Max: 12 / Min: 6
Lifelong Learning membership required

Creative Nonfiction, Memoir Writing—Part 1

This class will be devoted to memoir writing, where we'll look at different periods of our lives and write about them: where you lived, who lived with you, school memories, favorite foods, games, books, family vacations. If you have taken the Journal Writing class, you may want to draw material from those entries and reconstruct them into memoir form, but the Journal Writing class is not required.

Wednesday, September 25, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-02

Creative Nonfiction, Memoir Writing—Part 2

This session develops some of the themes introduced in Part 1, but may be taken on its own.

Wednesday, October 2, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-03

Journal Writing

In this session, we'll tackle journal writing. Journal writing can take many forms, whether we write what happened during our day, comment on current events, or just jot down random thoughts. No matter what we write, journal writing is a fun and thoughtful way to learn to express ourselves.

Wednesday, September 18, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-01
WRITE, RIGHT NOW

WEDNESDAYS, SEPTEMBER 18, 25, OCTOBER 2, 9, (NO CLASS OCT. 16) 23, 30, NOVEMBER 6, 13, 20, 27, DECEMBER 4; 6:30 TO 8:30 P.M.

Location: Dr. Robert H. Kiser Building, Room A208, Entrance 1
Fee: $10 (per individual class) / Max: 12 / Min: 6
Lifelong Learning membership required

Mystery Writing—Part 1
Everybody loves a good mystery. They’re fun to write as well as read. So, let’s take the mystery out of writing mysteries. We’ll discover ways of creating strong openings, crisp narration, intriguing plot, and memorable characters. Although there is only one course in Mystery Writing, what you have written may be continued in the Fiction Writing class, but Mystery Writing may be taken on its own.

Wednesday, October 9, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-04

Mystery Writing—Part 2
This class continues work that we began in Part 1, so Part 1 is a prerequisite.

Wednesday, October 23, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-05

Fiction Writing—Part 1
Whether we just embellish an anecdote of what actually happens to us, or tell fantastical stories abounding with mythical creatures, we’re writing fiction. Our stories won’t be long, maybe a page or two, but you’ll learn a few techniques, tricks, and have a lot of fun writing. There is no prerequisite for Part 1 of Fiction Writing, but there are prerequisites for parts 2, 3, and 4. It’s not necessary to take all four parts, though you will probably want to if you are working on a novel or other long project.

Wednesday, October 30, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-06

Fiction Writing—Part 2
This class continues themes developed in Fiction Writing Part 1, which is a prerequisite for this class.

Wednesday, November 6, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-07

Fiction Writing—Part 3
This class continues themes developed in Fiction Writing Parts 1 and 2, which are prerequisites for this class.

Wednesday, November 13, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-08

Fiction Writing—Part 4
This class continues themes developed in Fiction Writing Parts 1, 2, and 3, which are prerequisites for this class.

Wednesday, November 20, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-09

Script Writing—Part 1
We’ll learn to write scripts for stage or screen, and create memorable characters who carry out our plots primarily through dialogue. Scripts that we begin in Part 1 will be continued in Part 2.

Wednesday, November 27, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-10

Script Writing—Part 2
This class continues work began in Script Writing Part 1, which is a prerequisite for this class.

Wednesday, December 4, 6:30 TO 8:30 P.M.
Course #20/FY-CPDV-2517-11
BOOK CLUB

The Lager Queen of Minnesota: A Novel
By J. Ryan Stradel

Two sisters, one farm. A family is split when their father leaves their shared inheritance entirely to Helen, his younger daughter. Despite baking award-winning pies at the local nursing home, her older sister, Edith, struggles to make what most people would call a living. So she can't help wondering what her life would have been like with even a portion of the farm money her sister kept for herself.

With the proceeds from the farm, Helen builds one of the most successful light breweries in the country, and makes their company motto ubiquitous: ‘Drink lots. It’s Blotz.’ Where Edith has a heart as big as Minnesota, Helen’s is as rigid as a steel keg. Yet one day, Helen will find she needs some help herself, and she could find a potential savior close to home... if it’s not too late.

Meanwhile, Edith’s granddaughter, Diana, grows up knowing that the real world requires a tougher constitution than her grandmother possesses. She earns a shot at learning the IPA business from the ground up—will that change their fortunes forever, and perhaps reunite her splintered family?

Here we meet a cast of lovable, funny, quintessentially American characters eager to make their mark in a world that’s often stacked against them. In this deeply affecting family saga, resolution can take generations, but when it finally comes, we’re surprised, moved, and delighted.

From the publisher’s notes

When Books Went to War: The Stories That Helped Us Win World War II
By Molly Guptill Manning

When America entered World War II in 1941, we faced an enemy that had banned and burned 100 million books. Outraged librarians launched a campaign to send free books to American troops and gathered 20 million hardcover donations. In 1943, the War Department and the publishing industry stepped in with an extraordinary program: 120 million small, lightweight paperbacks for troops to carry in their pockets and rucksacks in every theater of war. These Armed Services Editions were beloved by the troops and are still fondly remembered today. Soldiers read them while waiting to land at Normandy, in hellish trenches in the midst of battles in the Pacific, in field hospitals, and on long bombing flights. They helped rescue The Great Gatsby from obscurity and made Betty Smith, author of A Tree Grows in Brooklyn, into a national icon. When Books Went to War is the inspiring story of the Armed Services Editions, and a treasure for history buffs and book lovers alike.

From the publisher’s notes

MONDAY, SEPTEMBER 23; 11:45 A.M. TO 1:15 P.M.

Mara Hall, Lifelong Learning coordinator, will lead the discussion.
Location: Advanced Sciences Bldg., Wells Fargo Room, L110, Entrance 14 or 15, Parking Lot 4 or 5
Fee: $10 (includes lunch) / Max: 25
Lifelong Learning membership not required
Course #20/FY-CPDV-2208-01

MONDAY, OCTOBER 21; 11:45 A.M. TO 1:15 P.M.

Margot Chesebro, English/Humanities educator, will lead the discussion.
Location: Advanced Sciences Bldg., Wells Fargo Room, L110, Entrance 14 or 15, Parking Lot 4 or 5
Fee: $10 (includes lunch) / Max: 25
Lifelong Learning membership not required
Course #20/FY-CPDV-2208-02
BOOK CLUB

That’s What She Said: What Men Need to Know (and Women Need to Tell Them) About Working Together

By Joanne Lipman

First things first: There will be no man shaming in That’s What She Said. A recent Harvard study found that corporate “diversity training” has actually made the gender gap worse—in part because it makes men feel demonized. Women, meanwhile, have been told closing the gender gap is up to them: they need to speak up, to be more confident, to demand to be paid what they’re worth. They discuss these issues amongst themselves all the time. What they don’t do is talk to men about it.

It’s time to end that disconnect. More people in leadership roles are genuinely trying to transform the way we work together, because there’s abundant evidence that companies with more women in senior leadership perform better by virtually every measure. Yet despite good intentions, men often lack the tools they need, leading to fumbles, missteps, frustration and misunderstanding that continue to inflict real and lasting damage on women’s careers.

That’s What She Said solves for that dilemma. Filled with illuminating anecdotes, data from the most recent studies, and stories from Joanne Lipman’s own journey to the top of a male-dominated industry, it shows how we can win by reaching across the gender divide.

Wynn and Jack have been best friends since freshman orientation, bonded by their shared love of mountains, books, and fishing. Wynn is a gentle giant, a Vermont kid never happier than when his feet are in the water. Jack is more rugged, raised on a ranch in Colorado where sleeping under the stars and cooking on a fire came as naturally to him as breathing. When they decide to canoe the Maskwa River in northern Canada, they anticipate long days of leisurely paddling and picking blueberries, and nights of stargazing and reading paperback Westerns. But a wildfire making its way across the forest adds unexpected urgency to the journey. When they hear a man and woman arguing on the fog-shrouded riverbank and decide to warn them about the fire, their search for the pair turns up nothing and no one. But: The next day a man appears on the river, paddling alone. Is this the man they heard? And, if he is, where is the woman? From this charged beginning, master storyteller Peter Heller unspools a headlong, heart-pounding story of desperate wilderness survival.

Wynn and Jack have been best friends since freshman orientation, bonded by their shared love of mountains, books, and fishing. Wynn is a gentle giant, a Vermont kid never happier than when his feet are in the water. Jack is more rugged, raised on a ranch in Colorado where sleeping under the stars and cooking on a fire came as naturally to him as breathing. When they decide to canoe the Maskwa River in northern Canada, they anticipate long days of leisurely paddling and picking blueberries, and nights of stargazing and reading paperback Westerns. But a wildfire making its way across the forest adds unexpected urgency to the journey. When they hear a man and woman arguing on the fog-shrouded riverbank and decide to warn them about the fire, their search for the pair turns up nothing and no one. But: The next day a man appears on the river, paddling alone. Is this the man they heard? And, if he is, where is the woman? From this charged beginning, master storyteller Peter Heller unspools a headlong, heart-pounding story of desperate wilderness survival.

From the publisher’s notes

NOVEMBER 18; 11:45 A.M. TO 1:15 P.M.

Margot Chesebro, English/Humanities educator, will lead the discussion.

Location: Advanced Sciences Bldg., Wells Fargo Room, L110,
Entrance 14 or 15, Parking Lot 4 or 5
Fee: $10 (includes lunch) / Max: 25
Lifelong Learning membership not required
Course #20/FY-CPDV-2208-03
BOOK CLUB

The Seven or Eight Deaths of Stella Fortuna

By Juliet Grames

“...For Stella Fortuna, death has always been a part of life. Stella’s childhood is full of strange, life-threatening incidents—moments where ordinary situations like cooking eggplant or feeding the pigs inexplicably take lethal turns. Even Stella’s own mother is convinced that her daughter is cursed or haunted.

In her rugged Italian village, Stella is considered an oddity—beautiful and smart, insolent and cold. Stella uses her peculiar toughness to protect her slower, plainer baby sister Tina from life’s harshest realities. But she also provokes the ire of her father Antonio: a man who demands subservience from women and whose greatest gift to his family is his absence.

When the Fortunas emigrate to America on the cusp of World War II, Stella and Tina must come of age side-by-side in a hostile new world with strict expectations for each of them. Soon Stella learns that her survival is worthless without the one thing her family will deny her at any cost: her independence.

In present-day Connecticut, one family member tells this heartrending story, determined to understand the persisting rift between the now-elderly Stella and Tina. A richly told debut, The Seven or Eight Deaths of Stella Fortuna is a tale of family transgressions as ancient and twisted as the olive branch that could heal them.

From the publisher’s notes

MONDAY, FEBRUARY 10;
11:45 A.M. TO 1:15 P.M.

Mara Hall, Lifelong Learning coordinator, will lead the discussion.
Location: Advanced Sciences Bldg., Wells Fargo Room, L110, Entrance 14 or 15, Parking Lot 4 or 5
Fee: $10 (includes lunch) / Max: 25
Lifelong Learning membership not required
Course #20/FY-CPDV-2208-05
# AUGUST

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# SEPTEMBER

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<td>1:00 PM</td>
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<td>Mon.</td>
<td>Mommy and Me</td>
<td>Advanced Sciences Bldg., L304</td>
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<td>11:00 AM</td>
<td>Mon.</td>
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<td>Dunker Student Center, W203</td>
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<td>9/16</td>
<td>1:00 PM</td>
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<td>1:00 PM</td>
<td>Tues.</td>
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<td>9/17</td>
<td>6:00 PM</td>
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<td>Storytelling with Photographs</td>
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<td>Yoga for Seniors</td>
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<td>10:30 AM</td>
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<td>Coffee and Conversation</td>
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<td>11:00 AM</td>
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<td>Strong by Zumba</td>
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<td>America’s Westward Expansion</td>
<td>Cargill Auditorium</td>
<td>36-38</td>
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<td>9/30</td>
<td>6:00 PM</td>
<td>Mon.</td>
<td>Shooting People Portraits</td>
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### OCTOBER

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<td>Cargill Auditorium</td>
<td>36-38</td>
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<td>12:00 PM</td>
<td>America’s Westward Expansion</td>
<td>Cargill Auditorium</td>
<td>36-38</td>
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<td>6:00 PM</td>
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<td>Photo Safari</td>
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### OCTOBER

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<td>Oscar Carl Vineyard</td>
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<td>Concert: Ghost Songs</td>
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<td>Coffee and Conversation</td>
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### NOVEMBER

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<td>Art and Sandwiches</td>
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<td>11/18</td>
<td>6:00 PM</td>
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<td>Dunker Student Center, W206</td>
<td>9</td>
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<tr>
<td>11/27</td>
<td>10:00 AM</td>
<td>Wed.</td>
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### DECEMBER

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<td>Mon.</td>
<td>Pilates</td>
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<td>10:00 AM</td>
<td>Mon.</td>
<td>Senior Strength Circuit</td>
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<tr>
<td>12/2</td>
<td>10:30 AM</td>
<td>Mon.</td>
<td>Mommy and Me</td>
<td>Advanced Sciences Bldg., L304</td>
<td>24</td>
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<td>11:00 AM</td>
<td>Mon.</td>
<td>Strong by Zumba</td>
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<td>Rock Around the Clock</td>
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<td>Cooking with Chef Gasaway</td>
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### DECEMBER

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<td>Art and Sandwiches</td>
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### FEBRUARY

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<td>Mon.</td>
<td>Mommy and Me</td>
<td>Advanced Sciences Bldg., L304</td>
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<td>2/19</td>
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<td>9:00 AM</td>
<td>Sun.</td>
<td>The Lion King</td>
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<td>22</td>
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NOTES:
As you think about local organizations you’d like to support with a charitable gift, please consider the Institute for Lifelong Learning. The Institute was created over 20 years ago to serve the community with affordable programs that inform, educate and entertain. Since then, the number of programs has risen exponentially. We offer many special events at low cost or no cost.

Your tax-deductible gift will help us stay strong and continue to offer a valued service to the community. Gifts may be sent to: The Institute for Lifelong Learning, Western Iowa Tech Community College, 4647 Stone Ave., Sioux City, IA 51106.
Western Iowa Tech Community College
Sioux City Campus
4647 Stone Avenue

Entrance for Cargill Auditorium, D103
Wells Fargo Room, L110

ADS  Advanced Sciences  ITC  Industrial Technology Center
APT  Applied Technology  KWIT  KWIT/KOJI Radio
BOS  Bur Oak Suites – Housing  PHY  Physical Plant
CCO  Corporate College  PRP  Prairie Place – Housing
GSM  Gaylord Smith Building  RED  Dr. Robert E. Dunker Student Center
RHK  Dr. Robert H. Kiser Building
SRC  Sun Ridge Court – Housing
TSI  The Security Institute
1-6  Public Parking
       Pedestrian Crosswalks
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