

Physical Education

Physical Education

Associate of Arts Degree (Transfer)
Sioux City Campus

Program Overview and Opportunities:

The Physical Education program is designed to meet the needs of the student who desires to transfer to a senior institution and complete a baccalaureate degree with a major or minor in physical education or a related area. Students can transfer into teacher education, lifetime fitness, sports management, or sports science at receiving colleges. Through a diversified program of courses and activities, the program encourages maintenance of health and physical activity, and the art of socialization through recreation and play. The curriculum features a broad academic base of knowledge in general studies areas, including humanities, social science, natural science, and mathematics. Elective opportunities in health and performance courses provide all students with an opportunity to build a foundation for a lifetime of enriched living.

Employment projections show an anticipated teacher shortage in the near future. According to the Bureau of Labor Statistics, job opportunities for teachers over the next 10 years will vary from good to excellent, depending on the locality, grade level, and subject taught. Most job openings will result from the need to replace the large number of teachers who are expected to retire over the 2008-14 period. (Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, 2008-09 Edition)

Are You a Part-time Student?

You may take any of the courses in this program as a part-time student. Please refer to any prerequisites before signing up for upper level courses.

Program Advisor

Cindy Zortman, MEd, Division Chair
Ext. 1351 Room L326 zortmac@witcc.edu

Physical Education Associate of Arts Degree

I. General Education Core

A. English and Speech (minimum of 9 credits)

ENG 105 and 106
SPC 112

B. Mathematics and Laboratory Sciences (minimum of 8 credits)

Must include one math course and one lab science course.
MAT 110, 117, 121, 129, 130, 141, 157, 201, 211, 217, 219
PHS 120, 151, 170 (no lab)
BIO 105, 116, 125, 151 (no lab), 163, 169, 197
CHM 122, 166
ENV 111
PHY 162, 212

C. Social and Behavioral Sciences (minimum of 9 credits)

Choose one course from each section:

Section 1. History and Diverse Cultures

CLS 176
GEO 121
HIS 110, 111, 151, 152, 211
SOC 200, 210

Section 2. Social and Political Sciences

ECN 120, 130
POL 111, 112, 121, 125, 151, 211
PSY 111, 121, 251
SOC 110, 115, 120

D. Humanities (minimum of 9 credits)

Choose three courses from at least two of the following disciplines

ART 101, 203, 204
DRA 101, 112
ENG 221
FLF 141, 142
FLG 141, 142, 231, 232
FLS 141, 142, 231, 232
HUM 101, 220
LIT 101, 124, 133, 185, 189
MMS 101
MUS 100, 202
PHI 101, 105, 111
REL 101, 150
SPC 122, 140

E. Computer Literacy/Computer Technology (minimum of 3 credits)

CSC 110
Computer literacy may be demonstrated through completion of this course, an approved equivalent course, or assessment.

F. Distribution Requirement (minimum of 5 credits)

Minimum of 5 additional credits from B, C, or D above)

II. Area of Concentration (minimum of 9 credits)

PEA—any course; PEC—any course; PEH—any course

III. Electives Credits Vary

Consult advisor when selecting electives

TOTAL CREDITS (Minimum) 64

Physical Education

Coaching Endorsement

Sioux City, Cherokee, and Denison Campuses

Program Overview and Opportunities:

Individuals who meet state certification for teaching in a K-12 institution have a better opportunity to gain coaching positions.

Employment for coaches will increase by 15 percent between 2006-2016.

Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, 2008-09 Edition

Are You a Part-time Student?

All of these courses can be taken on a part-time basis

See course descriptions in the back of the catalog for more detailed information about course prerequisites and co-requisites.

Please see an advisor to ensure correct course sequence.

Coaching Endorsement Curriculum

Course #	Title	Credits
PEC 120	Body Structure and Function	1
PEC 110	Coaching Ethics, Techniques, and Theory	1
PEC 115	Athletic Development and Human Growth	1
PEC 126	Athletic Injury Prevention	2
Total Credits		5

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